

# Building Bridges to College and Career: Supporting Successful Postsecondary Transitions Through Summer Counseling

May 22, 2019, 2:15 p.m. – 3:15 p.m.

Virtual Discussion

## Handout 2: Practitioner Resources

### Resource lists

PACER's National Parent Center on Transition and Employment. College planning. Retrieved from <https://www.pacer.org/transition/learning-center/planning/college-planning.asp>

- Resource list for college transitions for students with disabilities and students without disabilities.

Strategic Data Project, Center for Education Policy Research, Harvard University. Summer melt tools. Retrieved from <https://sdp.cepr.harvard.edu/summer-melt-tools>

- Collection of research and resources on summer melt. Including SDP's [summer melt handbook](#) for determining and addressing the summer melt problem at a school level, a [summer melt sample initial outreach checklist](#), a sample student intake form, and other resources.

### Handbooks, checklists, and sample tools

AHS School Counseling. *AHS post high school planning guide*. Retrieved from

<https://sites.google.com/a/arlington.k12.ma.us/ahsguidance/college--transition-planning>

- Handbook for counselors from a Massachusetts high school that uses a program called Family Connection/Naviance as a planning and advising tool for postsecondary research. The handbook includes timelines and other information and resources.

America's Promise, Citi Foundation and uAspire. *Dollars for college*. Retrieved from

<https://gradnation.americaspromise.org/sites/default/files/d8/Dollars%20for%20College.pdf>

- A student financial planning toolkit.

Federal Student Aid, Office of the U.S. Department of Education. Checklists for academic and financial preparation. Retrieved from <https://studentaid.ed.gov/sa/prepare-for-college/checklists>

- Checklists with steps for applying for college, affording college, and preparing for college for elementary school, middle school, high school, and adult students.

Parent Toolkit. Checklist: Making a plan the summer before college. Retrieved from

<https://www.parenttoolkit.com/college-and-career/advice/4-year-college/checklist-making-a-plan-the-summer-before-college>

- Checklist for parents for what needs to be done the summer before college.

Strategic Data Project, Center for Education Policy Research, Harvard University. Sample initial outreach checklist. Retrieved from <https://sdp.cepr.harvard.edu/files/sdp/files/sdp-summer-melt-sample-initial-outreach-checklist.pdf>

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- This checklist is designed to be used by school counselors and school staff to understand student needs and status in their postsecondary transition and schedule a follow-up meeting with school staff.

Strategic Data Project, Center for Education Policy Research, Harvard University. Sample intake form. Retrieved from <https://sdp.cepr.harvard.edu/files/sdp/files/sdp-summer-melt-sample-student-intake-form.pdf>

- This sample intake form is a tool for counselors and school staff to record information about transitions-related conversations and meetings with students.

## Tips for preventing summer melt

ASCA School Counselor. *Prevent summer melt*. Retrieved from <https://www.schoolcounselor.org/magazine/blogs/november-december-2014/prevent-summer-melt>

- Tips for school counselors and school staff for preventing summer melt.

College Parent Central. *Summer preparations for your college student's transition to freshman year*. Retrieved from <https://www.collegeparentcentral.com/2009/05/summer-preparations-for-your-college-students-transition-to-freshman-year/>

- Tips for parents for preventing summer melt.

Comevo. *How to prevent summer melt*. Retrieved from <https://www.comevo.com/prevent-summer-melt/>

- Blog post with tips and strategies for professionals to prevent summer melt. Includes examples of existing programs using the tips and strategies outlined, including a Snap Chat program from Eastern Kentucky University.

*Homeroom*, the official blog of the U.S. Department of Education. *What students can do to avoid summer melt*. Retrieved from <https://blog.ed.gov/2018/06/students-can-avoid-summer-melt/>

- Suggested behaviors and tips for students to avoid summer melt.

Uversity. *The last mile: Tips to help prevent summer melt*. Retrieved from <https://www.uversity.com/downloads/presentations/Summer-Melt-Webinar.pdf>

- PowerPoint presentation on preventing summer melt, directed at professionals. Includes timelines of the summer before college during which students experience summer melt and lists of the types of activities and paperwork that need to be completed, such as sending transcripts and health insurance forms, creating budgets, taking placement tests, submitting housing forms, and more.

The YMCA. *How to save college-bound teens from 'summer melt.'* Retrieved from <http://www.ymca.net/summer-buzz/summer-melt/>

- Tips for professionals working with transition-aged youth to prevent summer melt.