

Meeting of the Cross-State Collaborative to Support Schools in the Opioid Crisis (CCSSOC)

December 11, 2019



The REL Team



Tali Klima
Project Lead
SRI International



Yunsoo Park
Project Co-lead
SRI International



Shai Fuxman
Senior Advisor
EDC



Tracy Desovich
Technical Assistance
Specialist
EDC



Jennifer Nakamura
Research Associate
SRI International



Jenna Rush
Research Associate
SRI International

Kentucky



Deann Allen

Clay County Public Schools



Patti Clark

Cabinet for Health
and Family Services



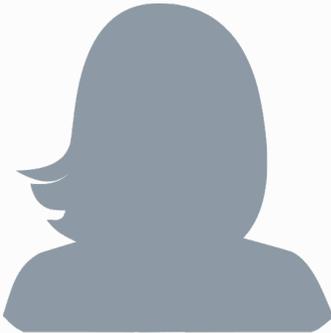
Ronda Devine

KY DOE



Melissa Goins

Cabinet for Health
and Family Services



Angie McDonald

KY DOE



Kathy Reutman

Boone County Schools



Tena Robbins

KY Dept for Behavioral Health,
Developmental and Intellectual Disabilities

Tennessee



Joanna Bivins
TDOE



Christie Butler
TDOE



Angela Hagaman
Eastern TN State University



Tony Jackson, Jr.
TN Department of Mental Health &
Substance Abuse Services



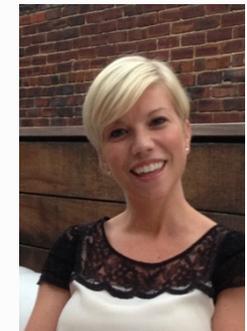
Melissa McGee
Tennessee Commission on
Children and Youth



Cynthia Mitchell
Shelby County Schools



Lori Paisley
TDOE



Heather Griffith
TN Department of Mental Health &
Substance Abuse Services

Virginia



Nicole DeVries
Virginia Beach City
Public Schools



Sheila Jones
Virginia Beach City
Public Schools



Regina Pierce
VTSS RIC



Sophia Farmer
VTSS RIC



Martha Montgomery
VA DOE



Anna Hebb
VTSS RIC



Robyn Raines
United Way of SW VA

West Virginia



Susan Beck
WV DOE



Lori Bumba
Youth Services System



Marianna Linz
Marshall University



Conrae Lucas-Adkins
Marshall University



Paige Mathias
Potomac Highlands Guild



Allegra Kazemzadeh
WV DOE



Elizabeth Shahan
Harrison County Family
Resource Network



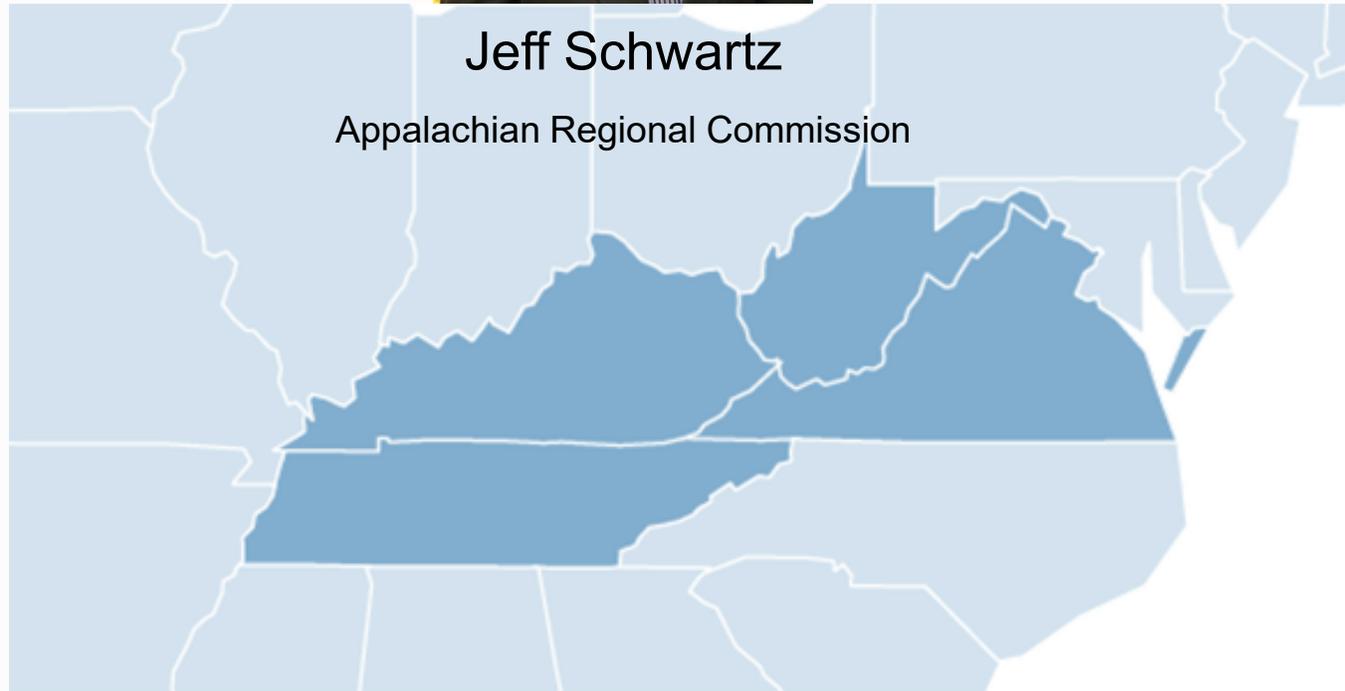
Diana Whitlock
WV DOE

Cross-State



Jeff Schwartz

Appalachian Regional Commission

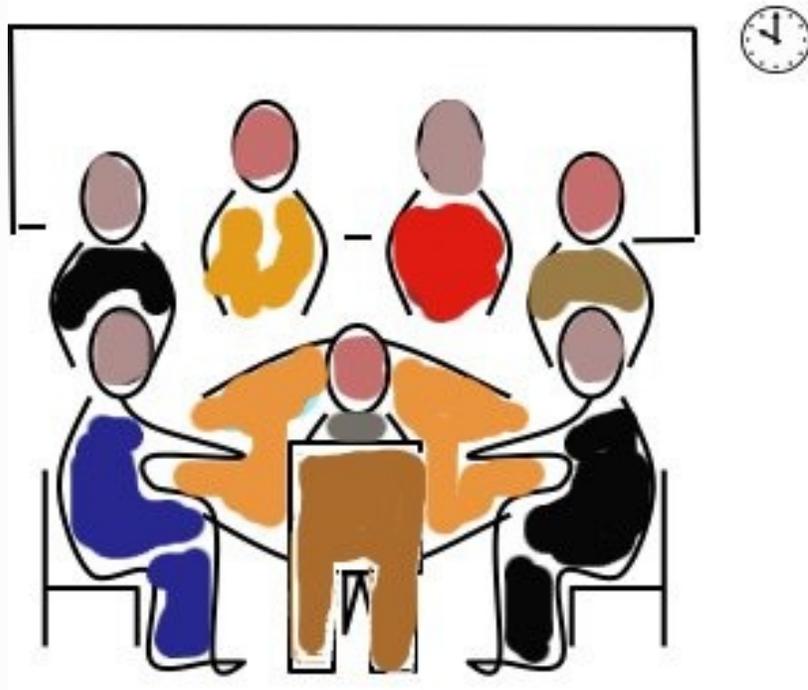


Today's agenda

- Overview of trauma-informed programs in MTSS framework
- Overview of program selection resources
- Handle With Care (HWC) presentation
- Next steps and wrap-up



As always, your input is key...

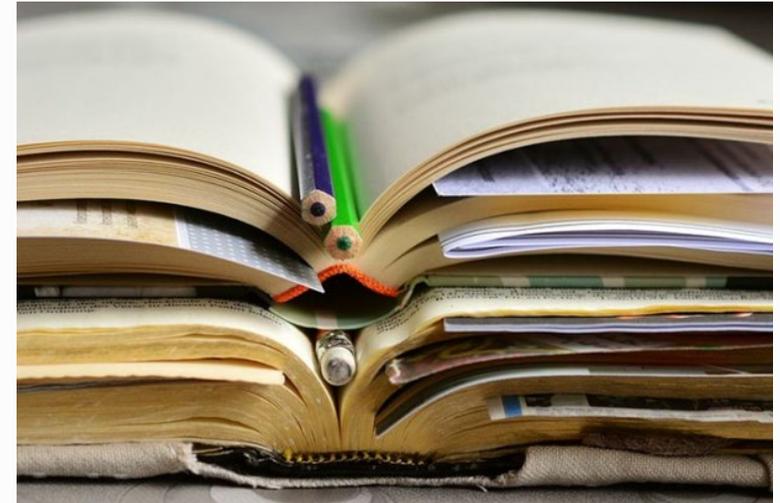


Overview of Trauma-Informed Programs

SCHOOL-BASED MENTAL HEALTH & BEHAVIORAL SUPPORTS IN A MULTI-TIERED SYSTEM OF SUPPORTS (MTSS) FRAMEWORK

Literature scan & organization

- Reviewed academic articles and other resources.
- Talked to partners, experts, and members for input.
- Organized all the information in an MTSS framework.
- Drafted practical resources—feedback welcome!



Quick review of Multi-Tiered System of Supports (MTSS)

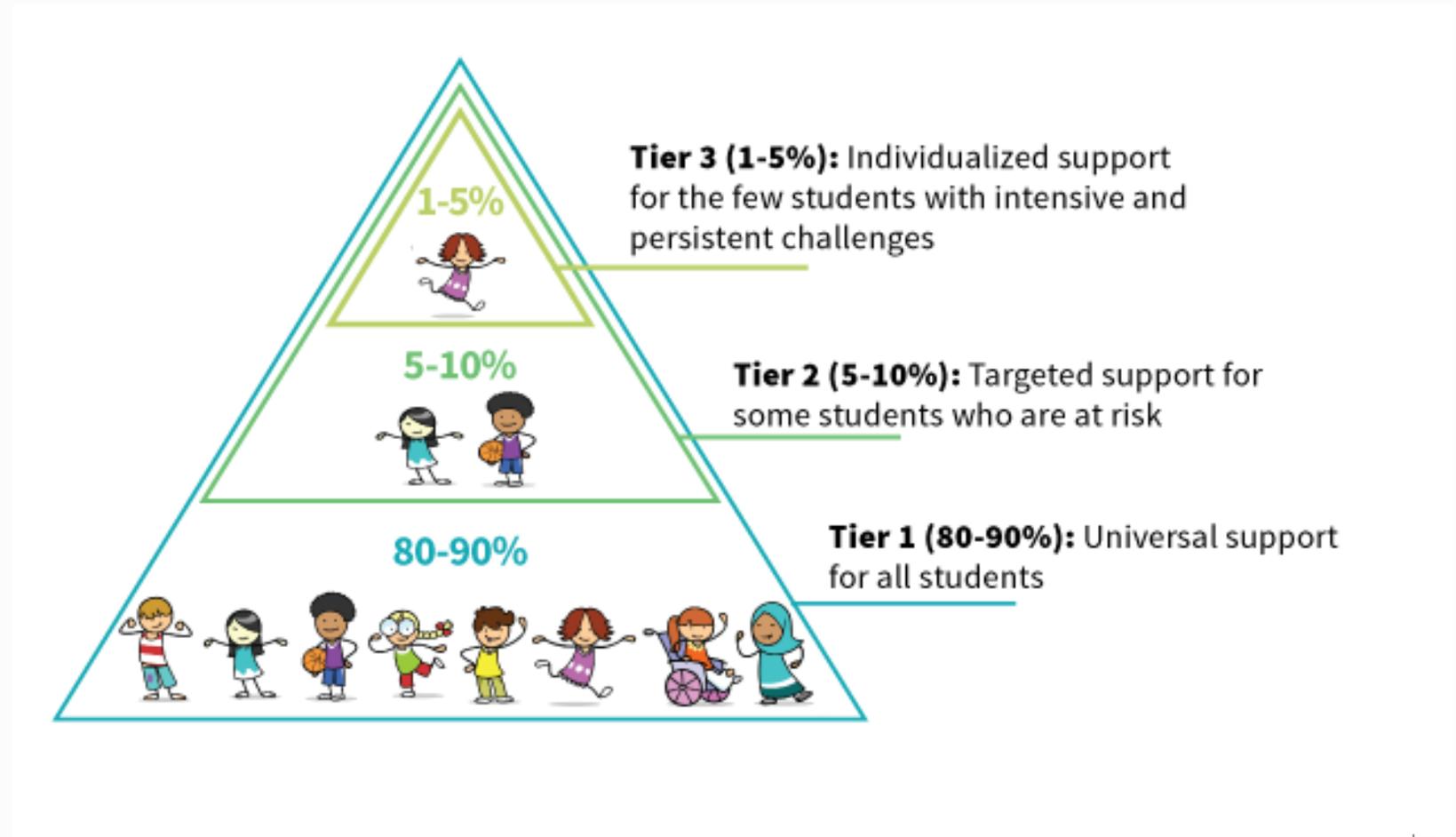


Image source:
studentbehaviorblog.org

Tier 1

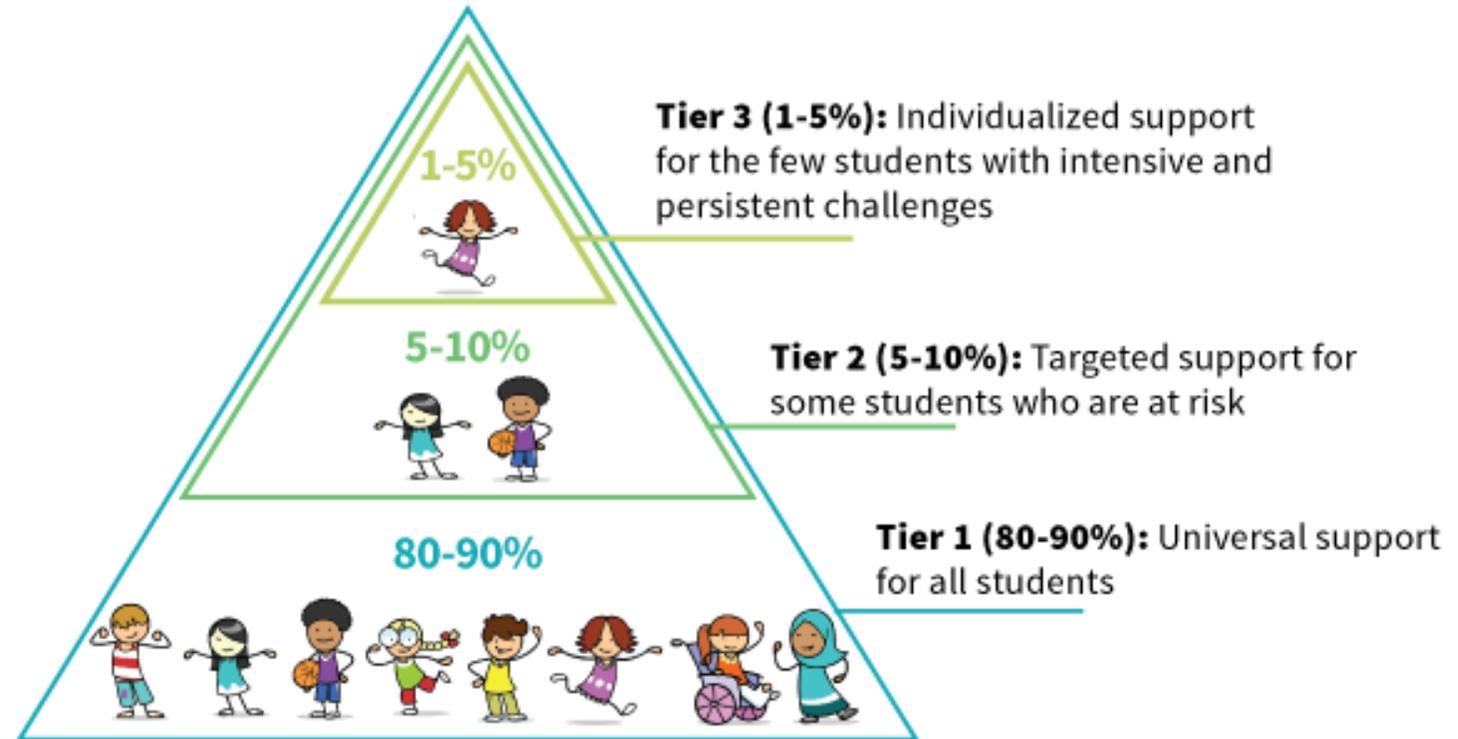
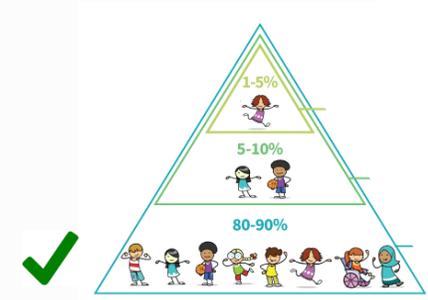


Image source:
studentbehaviorblog.org

Tier 1



- Strategies:
 - Social-emotional and coping strategies (emotion regulation tools, relaxation, social problem solving).
 - Environment/structure (quiet corners, Monarch Room).
 - Relationship-building (encouraging statements, asking students about strengths and needs, listening, showing empathy).
- Programs:
 - Provide education about trauma (to staff and students).
 - Teach coping and resiliency skills for students (and sometimes staff).

Tiers 2 and 3

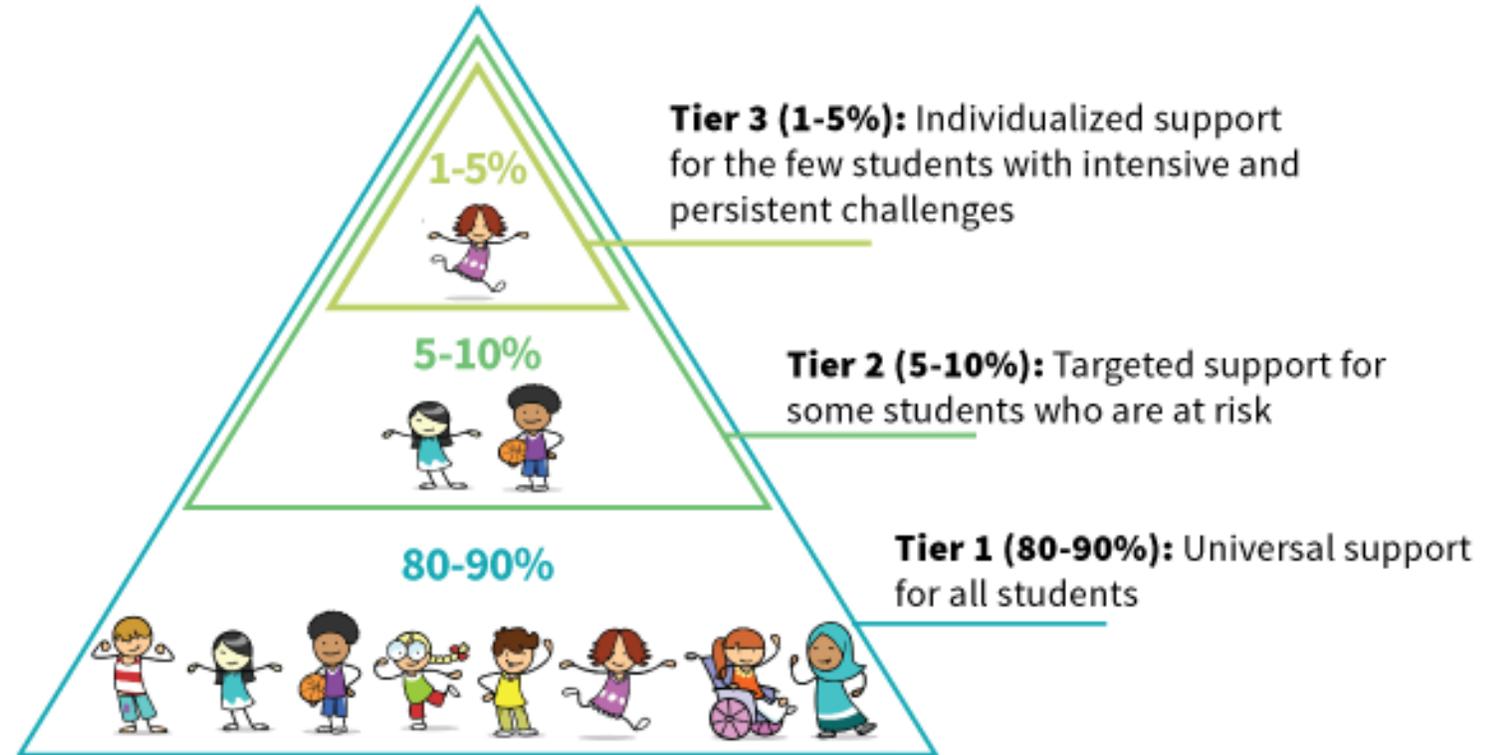
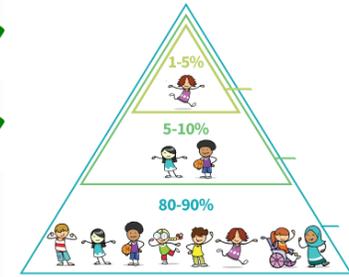


Image source:
studentbehaviorblog.org

Tier 2 and 3 trauma-based programs



- Provide education about trauma and mental health symptoms to students (and staff).
- Teach coping and resiliency skills for students.
- Most delivered by school mental health professionals.
- External trainer typically required.

Multi-tiered programs

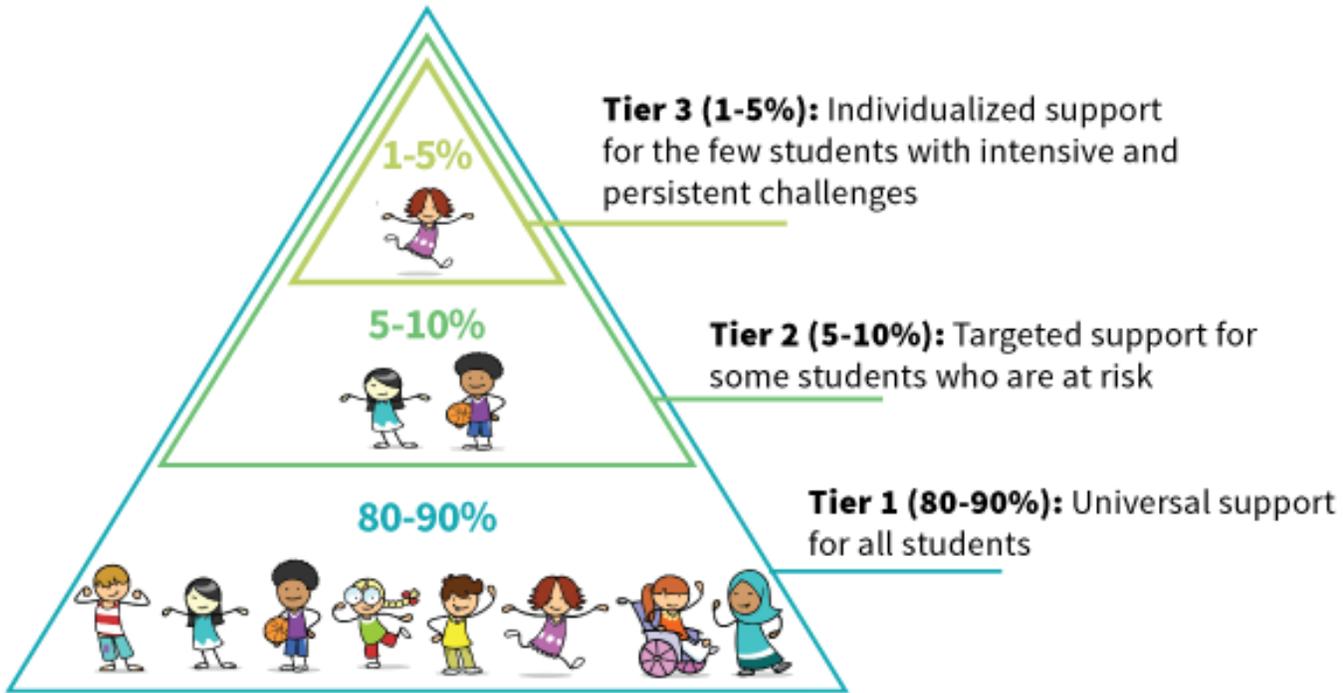


Image source: studentbehaviorblog.org



Q & A

Program Selection Resources

TRAUMA-INFORMED PROGRAMS IN SCHOOLS

Selecting a trauma-informed program



Selecting the right interventions



Menu of trauma-informed programs

Selecting the right interventions for students' mental health needs

Selecting the Right Interventions to Support Students' Mental Health Needs

CONSIDERATIONS WHEN CHOOSING SCHOOL-BASED INTERVENTIONS

Assess...

- types of mental health challenges that students face
- stressors contributing to these challenges
- how different students manifest these challenges

Examine...

- current efforts to support students' mental health needs and mitigate stressors
- resources that can be leveraged to increase mental health supports
- which community partners to engage to increase mental health supports

Select...

- intervention(s) that address students' needs
- intervention(s) that can be implemented given current resources and capacities
- intervention(s) that are most likely to work

Refer to the Menu of Trauma Informed Programs

See back side for questions to consider for each step.

Cross-State Collaborative to Support Schools in the Opioid Crisis (CCSSOC) • RELA@opioid@groups.sri.com
December 11, 2019

Digging Deeper

QUESTIONS TO CONSIDER WHEN CHOOSING SCHOOL-BASED INTERVENTIONS

Assess current needs

- What mental health challenges do our students face? How are we assessing and identifying these mental health needs?
- What stressors—in the home, school, and/or community—are contributing to these mental health challenges?
- How do different students manifest these mental health challenges at school? (e.g., problem behaviors, absenteeism, disengagement, etc.)

Examine current efforts and resources

- What types of interventions are we currently offering to address students' mental health needs and to mitigate stressors? What types of supports do these interventions provide?
 - Tier 1: School-wide and classroom-based supports for **all** students (e.g., social and emotional learning programs)?
 - Tier 2: Small group supports for **some** students (e.g., support group for students impacted by trauma)?
 - Tier 3: Individual supports for a **few** students (e.g., cognitive behavior therapy)?
- What types financial and educational resources and staff capacities do we have that allow us to increase our mental health supports?
- Who can we engage in cross-agency collaboration to provide additional support to students?

Select interventions that fit your needs & context

- From the *Menu of Trauma Informed Programs*, which program(s) address the mental health needs of our students? Which intervention are designed for students like ours (e.g., grade level) and supplement the current supports we offer?
- Which of these interventions can we implement, given our existing resources and capacities (e.g., financial considerations)?
- Which interventions are most likely to work in our school—based on the rigor of their evaluation and the context of our school (e.g., cultural dynamics)?
- Which interventions are most likely to get the buy-in from the staff, parents, and the community?

Cross-State Collaborative to Support Schools in the Opioid Crisis (CCSSOC) • RELA@opioid@groups.sri.com
December 11, 2019

Assessing needs

What are the challenges facing students?



What are stressors related to these challenges?



How are these challenges manifested?



Data



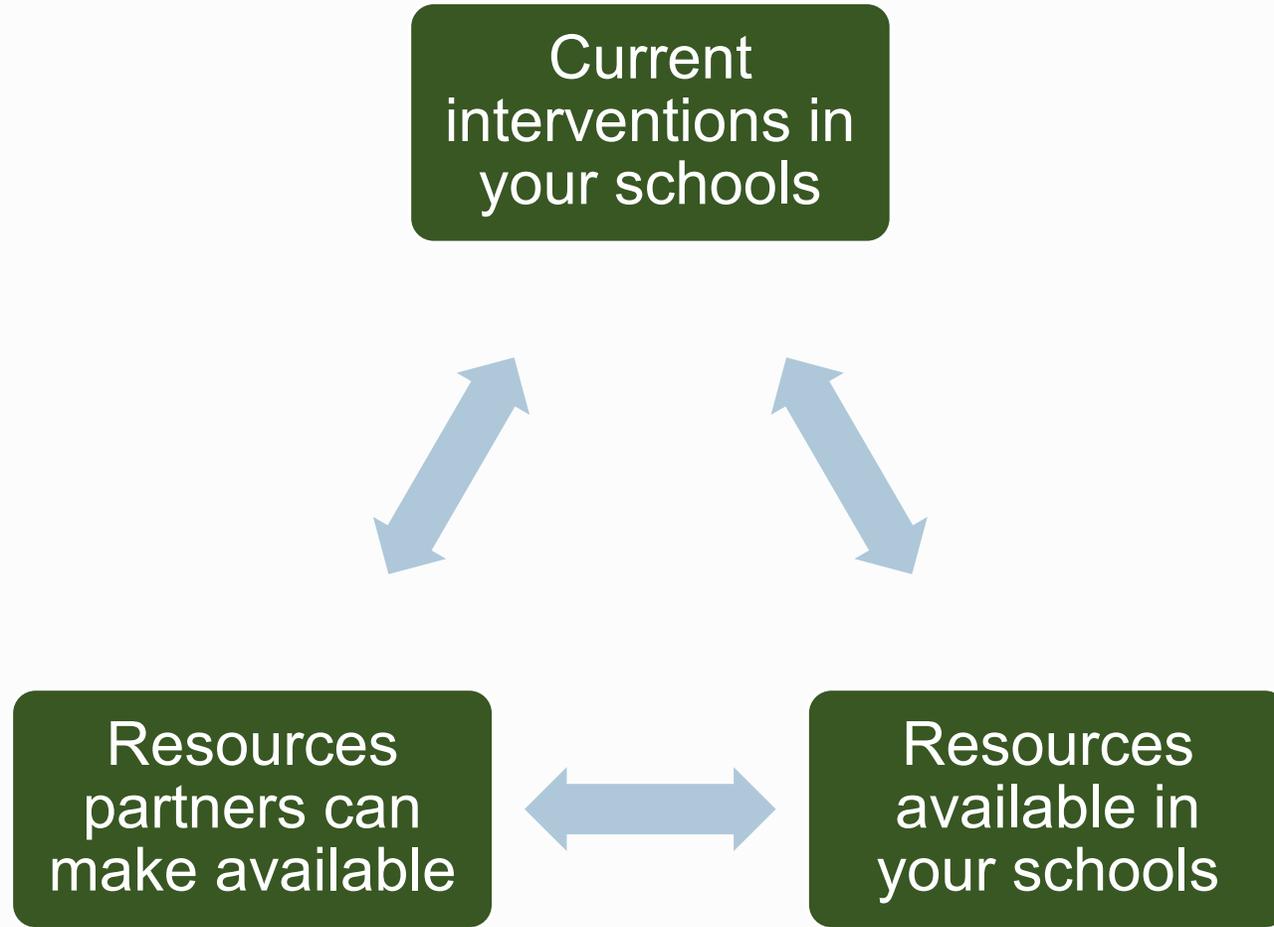
Data



Data



Examining efforts and resources





Selecting interventions

Menu of Trauma-Informed Programs for Schools

Many educators are seeking guidance to support students who have experienced trauma, particularly related to the opioid crisis. This tool provides a list of interventions that have been developed to address this specific need and that REL AP researchers identified through a search of the academic literature and other resources, such as policy papers and websites.

This tool is divided into two tables. The first table (blue header) provides descriptions of each program, including the intended audience (grades, students vs. teachers, specific sub-groups), program setting, and other important considerations (pages 2-4).

The second table (purple header) provides helpful implementation information for those looking to select and implement one or more interventions from this list. This table includes the intensity of the resources typically needed for implementation, implementation considerations (e.g., who implements, required professional development, materials), and information on the interventions' evaluation, if applicable (pages 5-7).

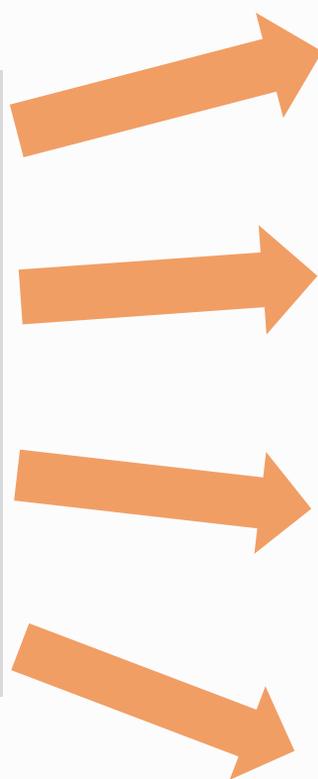
Both tables organize all interventions using the Multi-Tiered System of Supports (MTSS) framework. Specifically, interventions are listed under one of these three categories:

- **Multi-Tiered:** Supports that include all 3 tiers
- **Tier 1:** Universal support for *all* students
- **Tier 2 and Tier 3:** Targeted support for *some* students (Tier 2) and intensive support for a *few* students (Tier 3)

Multi-Tiered System of Supports (MTSS)

Researched and developed by:
Regional Educational Laboratory - Appalachia
December 11, 2015.

1



Which intervention(s) will meet students' needs?

Which intervention(s) can we implement given existing resources?

Which intervention(s) are most likely to be effective?

Which intervention(s) are most likely to get the buy-in from stakeholders?

Menu of trauma-informed programs

Program Descriptions						
Multi-Tiered includes interventions at all 3 tiers						
Program Name	Program Description	Grade	All Students	Participants	Program Setting	Considerations
Appalachian Learning to Succeed and Sustaining Excellence (ALSSE)	A trauma-informed, prevention-based program aimed at supporting the educational goals of students and teachers.	K-12	✓		Students identified as struggling and in need of additional services	Various locations within schools
Healthy Environments and Response to Trauma in Schools (HEARTS)	A whole-school, multi-level, prevention and intervention program for creating trauma-informed, safe and supportive schools	K-12	✓	✓	At risk students and students suffering from effects of trauma	Various locations within schools
Project Linkage Action to Unmet Needs in Children's Health (ALUNCH)	A community-school partnership project that includes training teachers to deliver social-emotional curriculum and provides on-site mental health supports.	EC2-2	✓	✓	Students with identified behavior problems in the classroom and students with mental health issues	Various locations within schools
Student Assistance Program (SAP)	A school-based, evidence-informed framework for prevention, early intervention, referral and support for students with needs dealing with non-academic barriers to learning.	K-12	✓		Students unable to fully benefit from educational opportunities due to trauma generated at school or at home	Various locations within schools

Researched and developed by:
Regional Education Laboratory-Appalachia
December 11, 2019.

2

Implementation Information						
Multi-Tiered includes interventions at all 3 tiers						
Program Name	Resource Intensity	Who Implements	Implementation Considerations	Materials	Level of Evidence ¹	Outcomes ²
Appalachian Learning to Succeed and Sustaining Excellence (ALSSE)	High	School Staff Mental Health Professionals	N/A	Program materials	Demonstrates a Rationale (ESSA)	N/A
Healthy Environments and Response to Trauma in Schools (HEARTS)	High	School staff Mental Health Professionals	Training on topics such as trauma and secondary stress		Demonstrates a Rationale (ESSA)	Students: improved school engagement, decreased disciplinary behavioral issues (less office referrals, less suspensions), improved trauma symptoms (students in tier 3 therapy) Staff: increased knowledge, skills and use of trauma-sensitive practices
Project Linkage Action to Unmet Needs in Children's Health (ALUNCH)	High	School staff Mental Health Professionals	Training on topics such as trauma and delivering a social-emotional curriculum	At-risk student behavior plans developed by teachers, social-emotional curriculum	Demonstrates a Rationale (ESSA)	Students: increased resilience Staff: increased confidence and competence, improved ability to handle challenging student behaviors
Student Assistance Program (SAP)	Low	School staff	Training on topics such as the impact of stress and trauma on brain development and how to recognize and appropriately respond to student requests for help	Guidelines, intervention materials	TBD	Students: improved social and psychological functioning, stable level of alcohol/drug use (no increase for comparison group)

¹ The level of evidence in support of programs is derived from federal clearinghouses which utilize rigorous procedures to examine the evidence and determine the confidence that practitioners can have about its generalizability to their settings. Where such ratings were not available, the REL AP staff provided tentative ESSA evidence ratings based on intervention, study methodology, outcomes, and target population. TBD (to be determined) indicates that an evidence rating has not yet been assigned and a review is currently under way. To learn more about ESSA's evidence ratings [click here](#).

² Only statistically significant outcomes are listed.

Researched and developed by:
Regional Education Laboratory-Appalachia
December 11, 2019.

5

Menu of trauma-informed programs: Program descriptions

Tier 1: Universal support for all students

Program Name (and developers)	Program Description	Grade	Participants			Program Setting	Considerations
			All Students	Educators	Specific Sub-Groups		
Heart of Learning and Teaching (HLT) (Office of Superintendent of Public Instruction in Washington and Western Washington University)	A curriculum for teachers that includes modules on trauma, building compassionate schools, self-care, collaborative problem solving, and role plays, games, and case vignettes.	K-12	✓		Program designed for all students. Evaluation study conducted with female students involved in the foster care and juvenile justice systems.	Classroom	

Menu of t Program

Program Description

A curriculum for teachers that includes modules on trauma, building compassionate schools, self-care, collaborative problem solving, and role plays, games, and case vignettes.

Program Name (and developers)	
Heart of Learning and Teaching (HLT) (Office of Superintendent of Public Instruction in Washington and Western Washington University)	A cu inclu build self- solvi case

Program Setting	Considerations
r Classroom	r

Menu of trauma-informed programs:

Program description

Program Setting

Classroom

Tier 1		Students		
Program Name (and developers)	Program Description	Specific Sub-Groups	Program Setting	Considerations
Heart of Learning and Teaching (HLT) (Office of Superintendent of Public Instruction in Washington and Western Washington University)	A curriculum for teachers that includes modules on trauma, building compassionate schools, self-care, collaborative problem solving, and role plays, game case vignettes.	Program designed for students. Evaluation study conducted with vulnerable students involved in the foster care and juvenile justice systems.	Classroom	



Q & A

Menu of trauma-informed programs: Implementation information

Tier 1: Universal support for all students						
Program Name	Resource Intensity	Implementation Considerations			Evaluation Information	
		Who Implements	Professional Development	Materials	Evidence ²	Findings ⁵
Heart of Learning and Teaching (HLT)	Low	School staff	Workshop optional for teachers.	Free downloadable manual; screening materials	Demonstrates a Rationale (ESSA)	Potential for... Students: Decreased PTSD symptoms ⁷ .

Menu of trauma-informed Implementation



S:

Program Name	Resource Intensity	Who Implements
Heart of Learning and Teaching (HLT)	Low	School staff

Evaluation Information	
Evidence ²	Findings ⁵
Demonstrates a Rationale (ESSA)	Potential for... Students: Decreased PTSD symptoms ⁷ .

Menu of Trauma-Informed Programs: Implementation Information

Professional Development	Materials
Workshop optional for teachers	Free downloadable manual; screening materials

Menu of trauma-informed programs: Implementation information

Tier 2: Targeted supported for some students and Tier 3: Intensive support for a few students						
Program Name	Resource Intensity	Implementation Considerations			Evaluation Information	
		Who Implements	Professional Development	Materials and Supports	Evidence ²	Findings ⁵
Bounce Back	High	Mental health professionals	One-day in person training or free online training/materials, potential ongoing implementation support by developer.	Free sample materials and forms, robust online community of practice	Promising (OJJDP)	Some evidence for... Students: Improved PTSD/trauma and anxiety symptoms, social adjustment, behaviors, emotional expression, and coping skills; decreased depression symptoms.

Menu of trauma Implementation

Evidence

ms:

Promising (OJJDP)

Tier 2: Targeted support

Program Name	Resource Intensity	W
Bounce Back	High	Mental

ive support for a few students

s and rts	Evaluation Information	
	Evidence ²	Findings ⁵
d t online of	Promising (OJJDP)	Some evidence for... Students: Improved PTSD/trauma and anxiety symptoms, social adjustment, behaviors, emotional expression, and coping skills; decreased depression symptoms.

Glossary of evidence levels

OJJD

For more information, visit: <https://www.ojjdp.gov/MPG/Home/About/>

No Effects	Programs have strong evidence indicating that they did not achieve their intended outcomes when implemented with fidelity.
Promising	Programs have some evidence indicating they achieve their intended outcomes. Additional research is recommended
Effective	Programs have strong evidence indicating they achieve their intended outcomes when implemented with fidelity.

Menu of the Implementations

Findings

Some evidence for...

Students: Improved PTSD/trauma and anxiety symptoms, social adjustment, behaviors, emotional expression, and coping skills; decreased depression symptoms.

Tier 2: Targeted	
Program Name	Resource Intensity
Bounce Back	High

Students
Information
Findings ⁵
Some evidence for... Students: Improved PTSD/trauma and anxiety symptoms, social adjustment, behaviors, emotional expression, and coping skills; decreased depression symptoms.



Q & A

Let's use the resources

Two schools affected by the opioid crisis

Vignette 1:

You are the superintendent of a district in a suburban community and your teachers are increasingly reporting concerns about middle school students' misbehavior and decreases in attendance and achievement.

The teachers believe that the problem behaviors affect not only students directly impacted by familial substance use, but all the other students in the classroom who are exposed to community effects of the opioid crisis.

The teachers and administrators report feeling ill-equipped to help the students, and the students don't know how to help themselves or their peers.

You are willing to spend/leverage considerable resources to solve this issue in your district.

Two schools affected by the opioid crisis

Vignette 2:

You are the principal of a high school in a rural community. You've noticed that some students are struggling with attendance and have increasing numbers of behavioral incidents relative to prior years. Based on your knowledge of many families in your community, you suspect that your observations are related to parental opioid use and related traumas that the students have experienced.

You would like to help your students, but you do not have a large budget or a regular in-house mental health professional who can provide therapy for this select group of students who you can identify and need additional supports.

Instructions

- We will split into two groups.
 - Vignette 1: **TN & WV**
 - Vignette 2: **KY, VA, cross-state**
- Each group will answer questions about assigned vignette.
- Click on your designated Google Doc link, which appears in the chat box.
- Also open the Menu of Programs.
- Spend **~5 minutes** responding to questions about the vignette.



Q & A

ReClaimWV and the Handle With Care Program

Creating Trauma-sensitive schools and classrooms in West Virginia and beyond

December 11, 2019



Introductions and Overview



- ReClaimWV (*Diana Whitlock, Assistant Director, Office of Special Education, West Virginia Department of Education (WVDE)*)
- Handle With Care (*Andrea Darr, Executive Director, West Virginia Center for Children's Justice*)
- Monitoring Handle With Care Data (*Allegra Kazemzadeh and Amber Stohr, WVDE*)
- A Local Perspective (*Ron Duerring, Ed.D., Superintendent, Kanawha county schools*)
- Questions?



West Virginia DEPARTMENT OF
EDUCATION

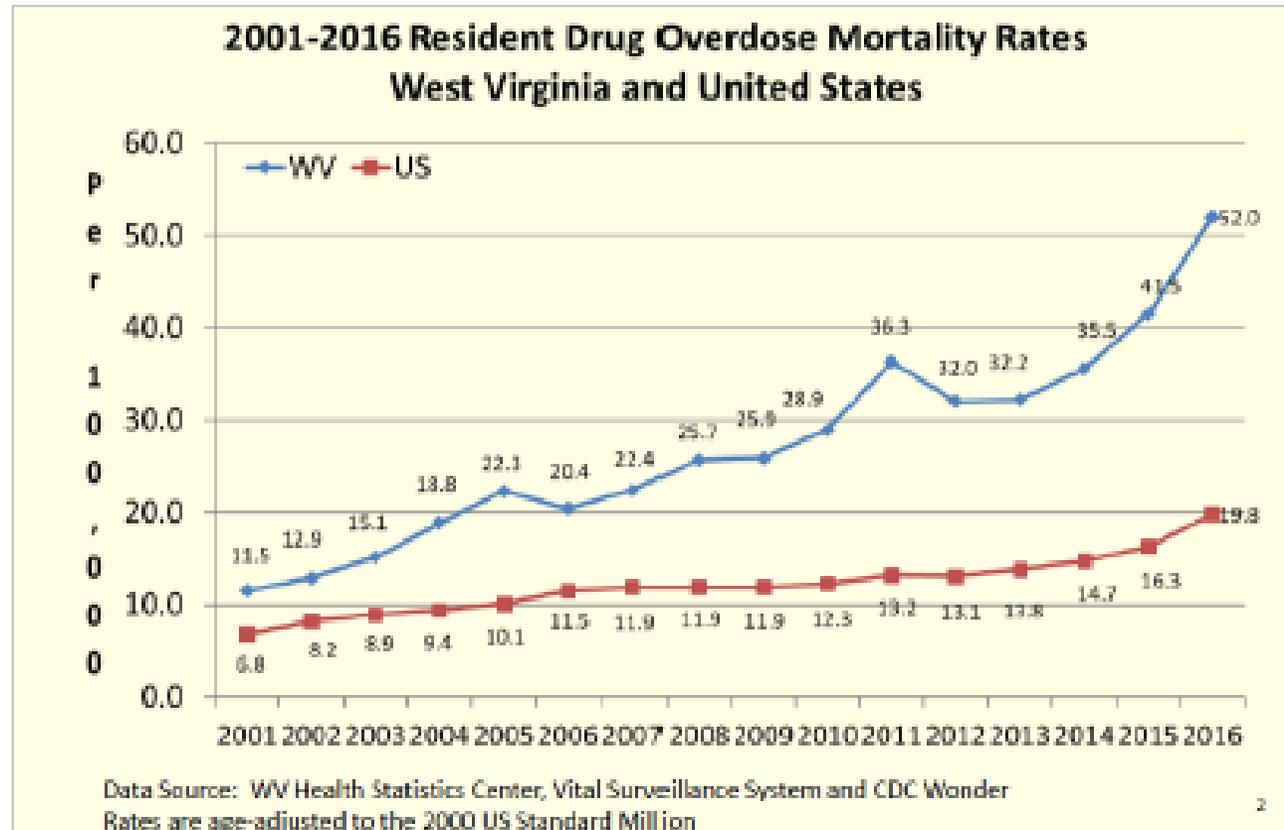
ReClaimWV



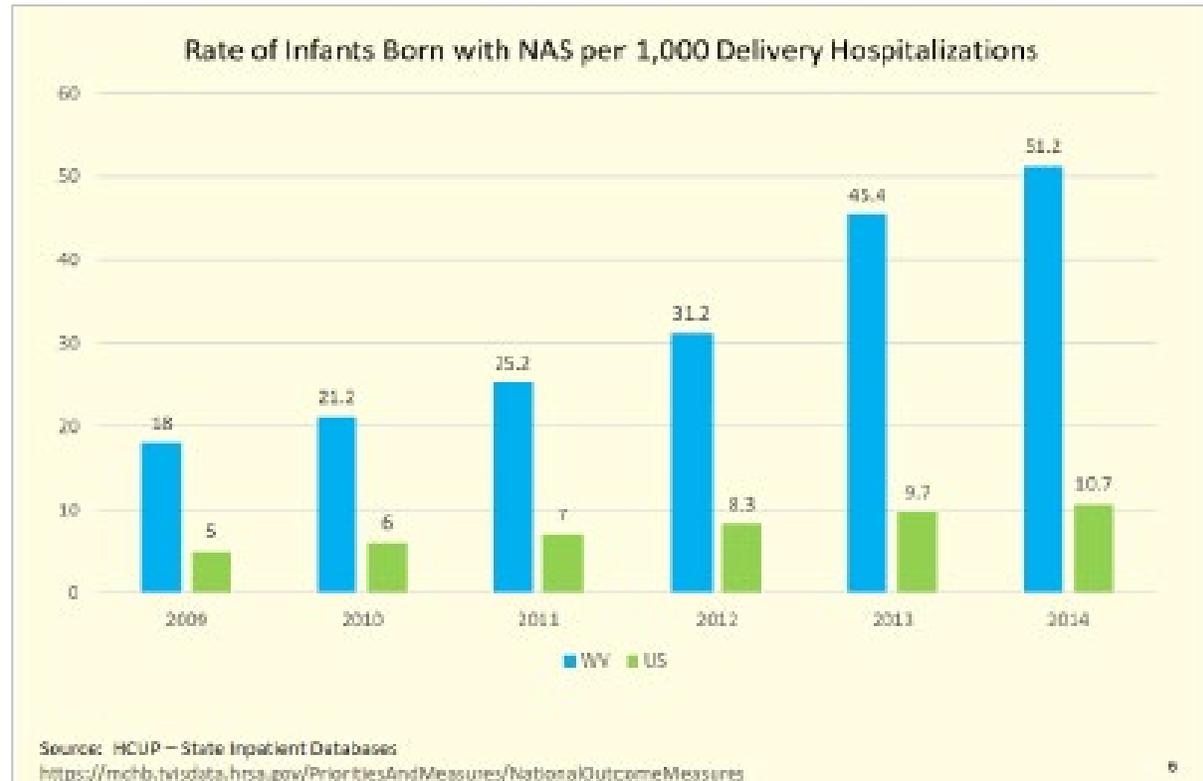
Connecting Social-Emotional and Mental Health Supports to the Opioid/Substance Abuse Epidemic in WV Schools

- **VISION STATEMENT:** To advance the wellness and resilience of West Virginia students so they may become lifelong learners, productive citizens, and successful individuals.
- **MISSION STATEMENT:** In response to the Opioid Epidemic, the West Virginia Department of Education will support and collaborate with local education agencies, schools, communities, and families to address the social-emotional, physical, behavioral, and mental health needs of our students.

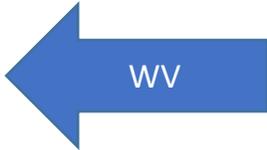
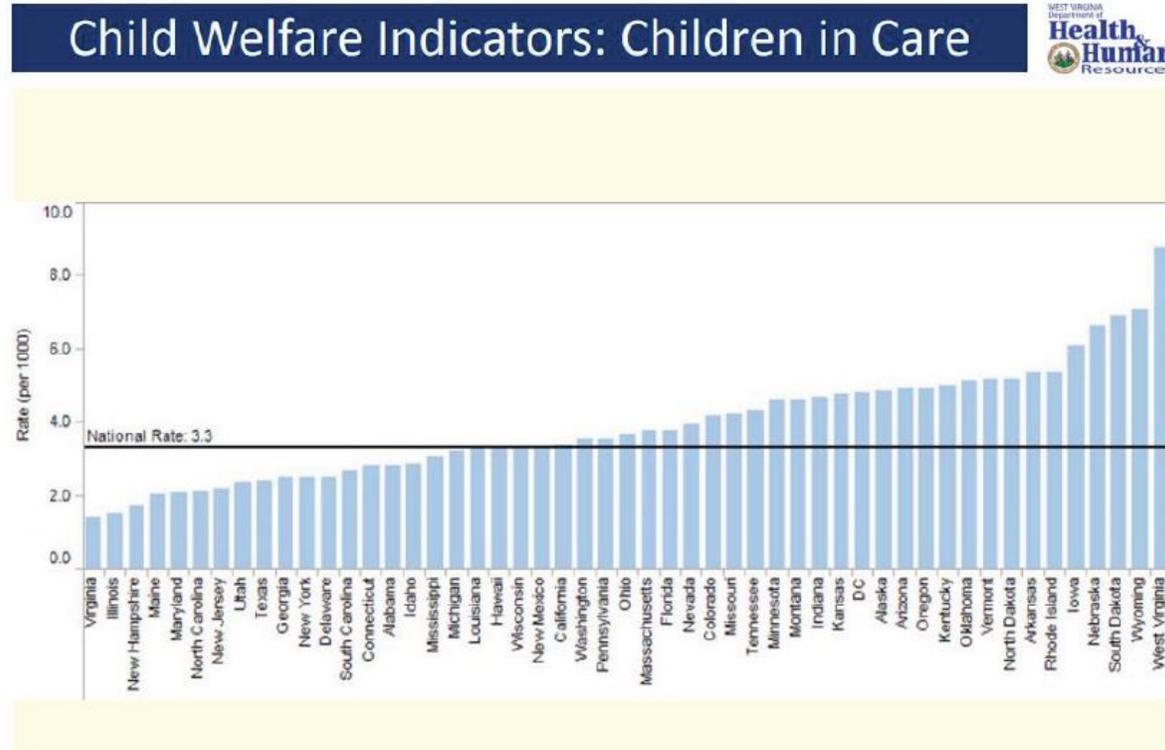
West Virginia Compared to the Nation



West Virginia Compared to the Nation



As Opioids Move In, Children Move Out



Impact on WV Schools – WVU Teacher Survey



Increased Impact on Schools

Over 70% of teachers report an increase in students impacted by substance use in the home.



Need for Specific Teacher Training

Despite the increased numbers of students impacted, over 70% of teachers reported not receiving training specific to children impacted by parent/caregiver substance use.

<https://cehs.wvu.edu/crisis-in-the-classroom>

Identified Needs in WV

West Virginia's students are suffering from the fallout of the Opioid Epidemic

- Attendance
- Ability to learn
- Behavior
- Basic needs
- Mental, social/emotional, and behavioral health needs

FIVE GOALS

- Support the needs of the whole child by coordinating services and resources offered by the WVDE and its partners.
- Provide LEAs with training and technical assistance on evidence-based practices to support the whole child, particularly in social-emotional and behavioral health, including substance abuse prevention and intervention.
- Create and support peer resiliency networks that help students combat significant adversity through responsible behavior and lifelong, positive health practices. Provide students with tools to identify peers in crisis, understand crisis protocols, and address hurtful behaviors such as bullying.
- Provide education, professional learning, and information to students, classroom teachers, and school personnel regarding WVBE policies that address opioid and substance abuse (alcohol, tobacco, and other drugs), particularly where these policies align with the goals of educational program development and content standards.
- Address the violent and erratic student behaviors among our students that are increasing in frequency, duration, and intensity, especially among younger children. These behaviors are a response to the Opioid Epidemic, and frequently result in mental health issues.

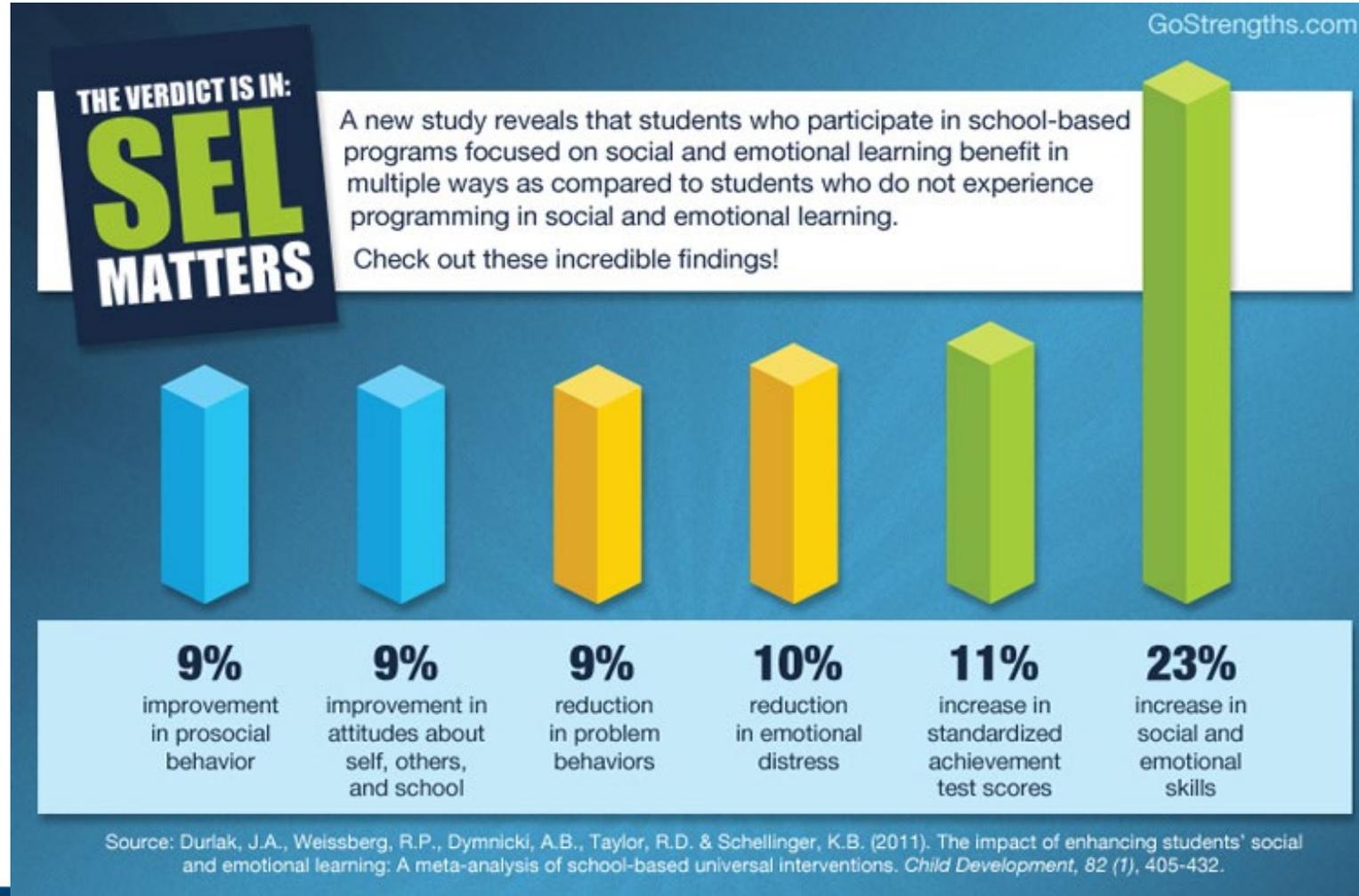
ReClaimWV — Action Steps

- Create programmatic guides for educators of grades PreK-12th
- Provide community resources and contacts
- Deliver training to identify students in crisis, determine their needs, and locate age-appropriate services
- Provide prevention and intervention strategies
- Develop the ReClaimWV website for information, strategies, resources, and immediate help in crisis
- Supporting youth-to-youth peer networking
- Provide training and technical assistance to develop lifelong, positive health practices
- Create e-learning courses for educators and webinar
- Expand training/technical support through WV Behavior/Mental Health Technical Assistance Center

Established Prevention Requirements for WV Schools

- H.B. 2195 / WV Code § 18-2-7b – Substance abuse and violence prevention education
- H.B. 2535 / WV Code § 18-2-40 – Suicide prevention awareness
- H.B. 4402 / WV Code § 18-2-40 – Sexual violence prevention
- WV Policy 2520.19 - WV College and Career-Readiness Dispositions and Standards for Student Success
- WV Policy 2520.5 - WV College and Career-Readiness Standards for Wellness Education

Social Emotional Learning: Building Protective Factors





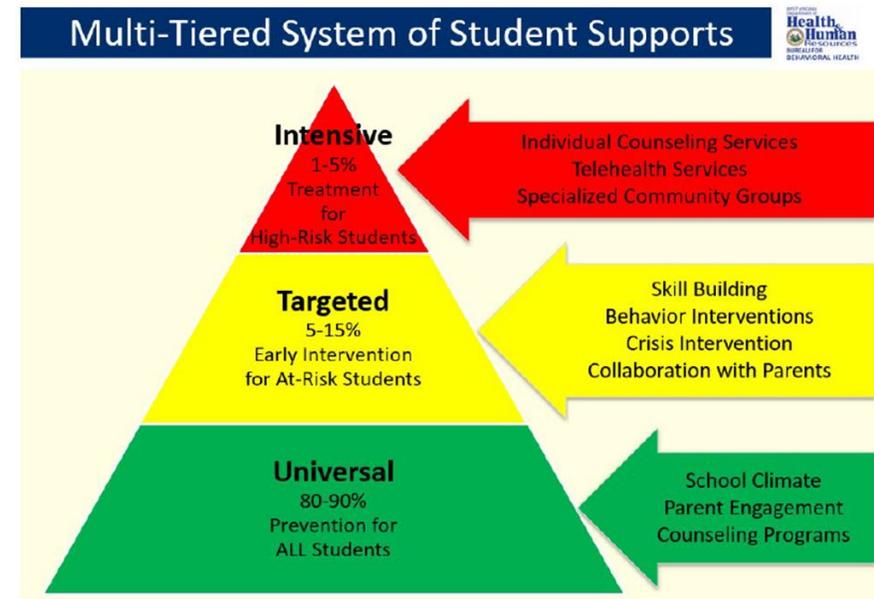
ReClaimWV –Toolkit, Resource Tables, and Website

<https://wvde.us/reclaimwv/>



Addressing Behaviors and Mental Health Issues

- Working toward expanding services for children born with NAS and those identified as at-risk through involvement with the Governor's Council for Substance Abuse Prevention and Treatment
- Whole-Child Multi-Tiered Systems of Support
- PBIS / ECPBIS
(Positive Behavior Intervention Support and Early Childhood PBIS)
- Communities in Schools
- Kanawha Co. Schools Pilot



Ongoing Educator Training Opportunities

- MHTTC
 - Drug Prevention Strategies – November 2019
 - Screening Brief Intervention and Referral to Treatment (SBIRT) – January 2020
 - Compassion Fatigue for School Personnel – February 2020
- Violence Loss Trauma (VoLT) Graduate Certificate
 - January 2020
- ReClaimWV Conference
 - June 2020
- Modules and other courses in development

Ongoing Peer Resiliency and Youth Leadership

- WVSSAC and MVB Bank Opioid Awareness Summits (WVU, MU, WVDE)
- Teen Mental Health First Aid training
- WV SADD
- Working with WV YMCA to develop Teen Centers
- Sponsoring students to attend Community Anti-Drug Coalitions of America – Washington, DC (2020)
- Sponsoring students to attend the National Students Against Destructive Decisions Conference – St. Louis, MO (2020)

Supporting Mental Health for Every Student

WV is using evidence-based models to support all students (MTSS for the whole child)

- Positive Behavioral Supports and Interventions (PBIS)
- Expanded School Mental Health (ESMH)
- Building Protective factors through Social-Emotional Learning (SEL)





REL Appalachia Opioid Collaborative

Before we get started

Handlewithcarewv.org



Andrea Darr
(304) 766-5898
Andrea.L.Darr@wvsp.gov
WV Center for Children's Justice

SAVE THE DATE!
2019 WV Center for Children's Justice
Handle with Care Conference
October 16-18, 2019 | Charleston Civic Center



WEST VIRGINIA CENTER FOR CHILDREN'S JUSTICE
PROTECT • HEAL • THRIVE

Handle With Care ▾	WV Children's Justice Task Force ▾	Drug Endangered Children ▾	Child Human Trafficking ▾
Recognizing/Responding to Child Abuse ▾	Contact Us ▾	Events	



West Virginia Center for Children's Justice
A statewide trauma informed response to child maltreatment and children's exposure to violence.
Protection • Prevention • Education • Advocacy Services

The "Handle With Care" Model:



Handle With Care

- A program aimed at ensuring that children who are exposed to violence receive appropriate interventions so they can succeed in school to the best of their ability.
- Research shows that trauma can undermine children's ability to learn, form relationships and function appropriately in the classroom.

FOCUS BEHAVE APPROPRIATELY LEARN

Trauma Turns off the Learning Switch!



- Problems with academic performance
- Inappropriate behavior in the classroom
- Difficulty in forming Relationships

**ACEs tend to get passed down
from generation to generation.**

**Our Drug Endangered
Children are having Drug
Endangered Children**

Ground Zero for the Opioid Crisis

Law Enforcement

EMS

Public Health

CPS

Schools



Handle With Care

Kids being successful in school

Kids at risk tend to:

- Skip school
- Use drugs
- Become violent
- Commit crimes
- End up meeting Law Enforcement

HWC intervention:

- LE identifies children at the scene
- The school is notified before school starts the next day.
- We all handle the child with care and respond in a trauma sensitive way.

Handle With Care



1. Police encounter kids at the scene and send “heads-up” HWC notice to the school.
2. Schools prep trauma-sensitive support for these kids.
3. Mental health providers partner for on-site therapy.

HWC Timeline

- 2009 Office of Juvenile Justice Survey
- 2010 Attorney General Eric Holder launched DCI
- 2011 WV Children's Justice Task Force formed a subcommittee to look at programming
- 2012 Developed the **HWC** program
- 2013 Piloted the **HWC** program
- 2015 WV State Police launched HWC statewide
- 2018 Stakeholder meeting in every WV county
- 2019 HWC is in 27 states around the country



HWC PILOT



Handle With Care Notice

From Law Enforcement to the School

To: _____ From: _____
(School) (Law Enforcement Agency)

Date: _____ Time: _____ Incident Date: _____

The child referenced below was on the scene of a police action in the last 24 hours and could exhibit academic, emotional and/or behavioral problems as a result of exposure to a traumatic event. Please handle him/her with care. For more information go to www.handlewithcarewv.org

Childs Name: _____ Age: _____

Childs Name: _____ Age: _____

Childs Name: _____ Age: _____



To: _____ From: _____
(Teacher) (Principle/Counselor)



Charleston PD

Mary C. Snow Elementary

HWC Notice

- No details are given, just 3 simple words
- It arrives at the school before the start of the next school day
- Need to know basis only
- Does not stay in child's permanent record
- Include child care serving agencies
- **It does not mean you approach the child**

The Solution

A Trauma Sensitive School



A respectful and safe environment where children can build positive relationships with adults and peers, learn to manage their emotions and behavioral responses, and find academic success.

Ways to Handle Children with Care

Food, sleep, and clean clothes

Safe, predictable and supportive environments

Connection to a caring adult; clear expectations and boundaries

Empowerment for self-confidence

Choice to develop decision making skills



What if school interventions are not enough?





HWC In Summary

- Identifies the kids most at risk
- Provides teachers with a heads up
- Connects children with accessible mental health services if needed
- Strengthens and improves relationships in the community
- Thus improving academic, social-emotional and behavior outcomes

In closing



Success in school is success in life.
Let's help children succeed in school everyday to
the best of their ability!

Monitoring Handle With Care Data in Schools

A PILOT PROJECT WITH REL AP IN KANAWHA COUNTY SCHOOLS, WEST VIRGINIA

Cross-State Partnership's goal

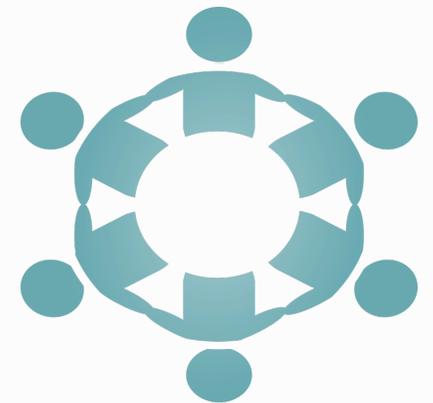
- To build capacity among local data users to access, understand, and use state data resources to facilitate action at the local level.

.... helping to address “data-rich, information-poor” (DRIP) syndrome.

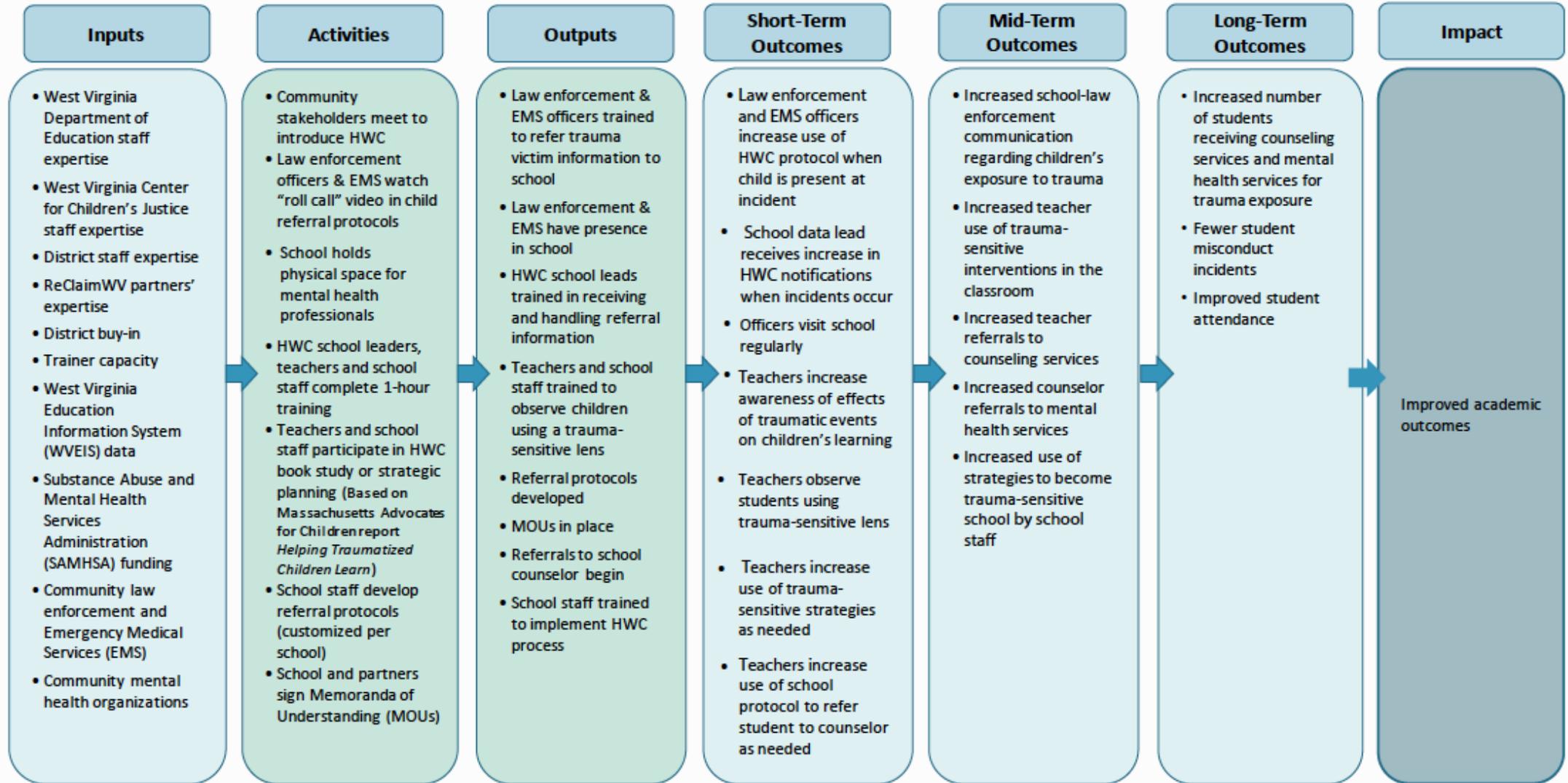


REL AP and WVDE project: Context

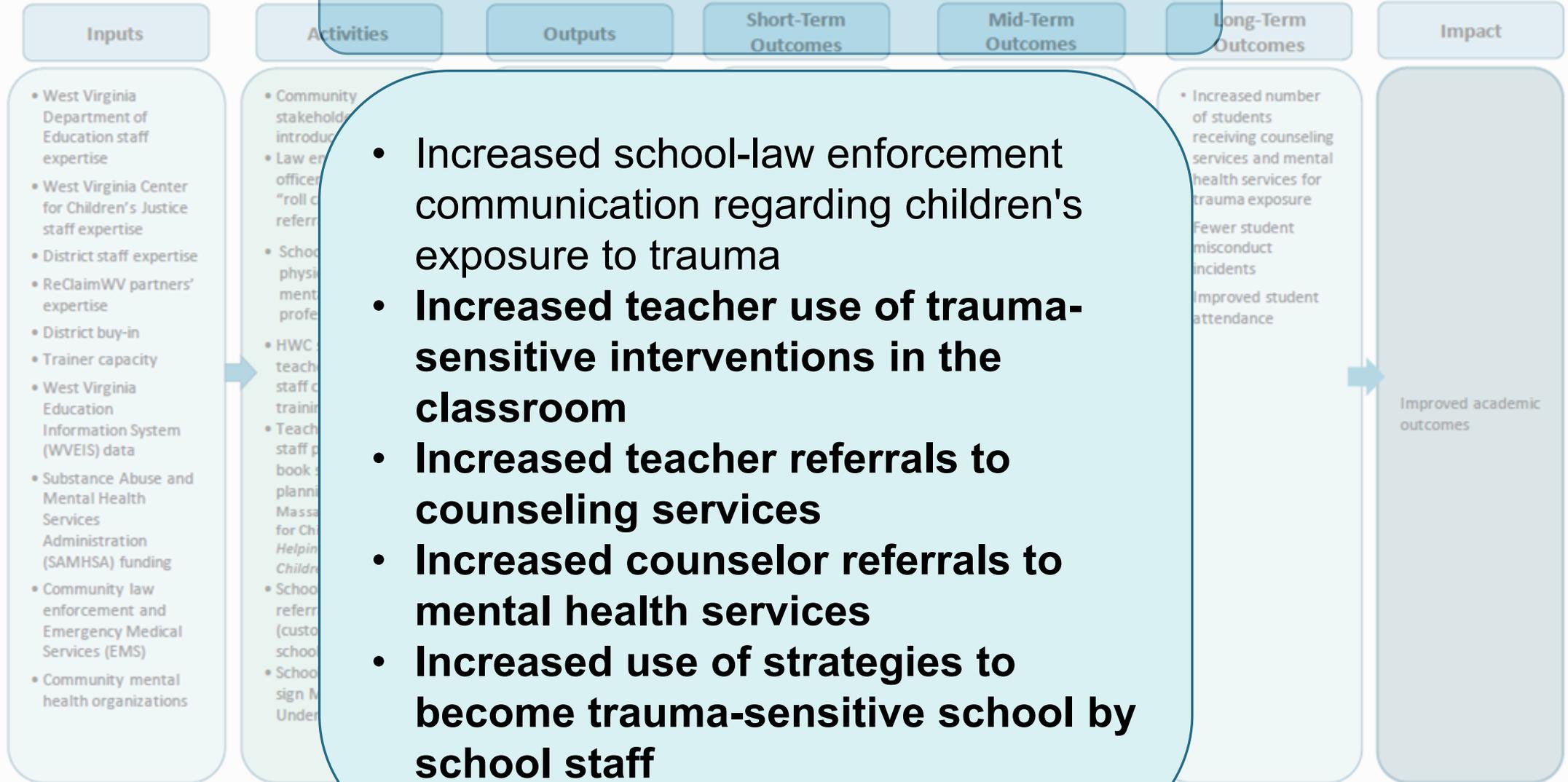
- West Virginia has the highest rate of **opioid-related overdose** deaths of any state.
- WVDE leaders adopted the **ReClaimWV** strategic plan to improve outcomes for students and families affected by the opioid crisis.
- **Handle With Care** is one program that aligns with WVDE and ReClaimWV's aim to improve outcomes for students and families.



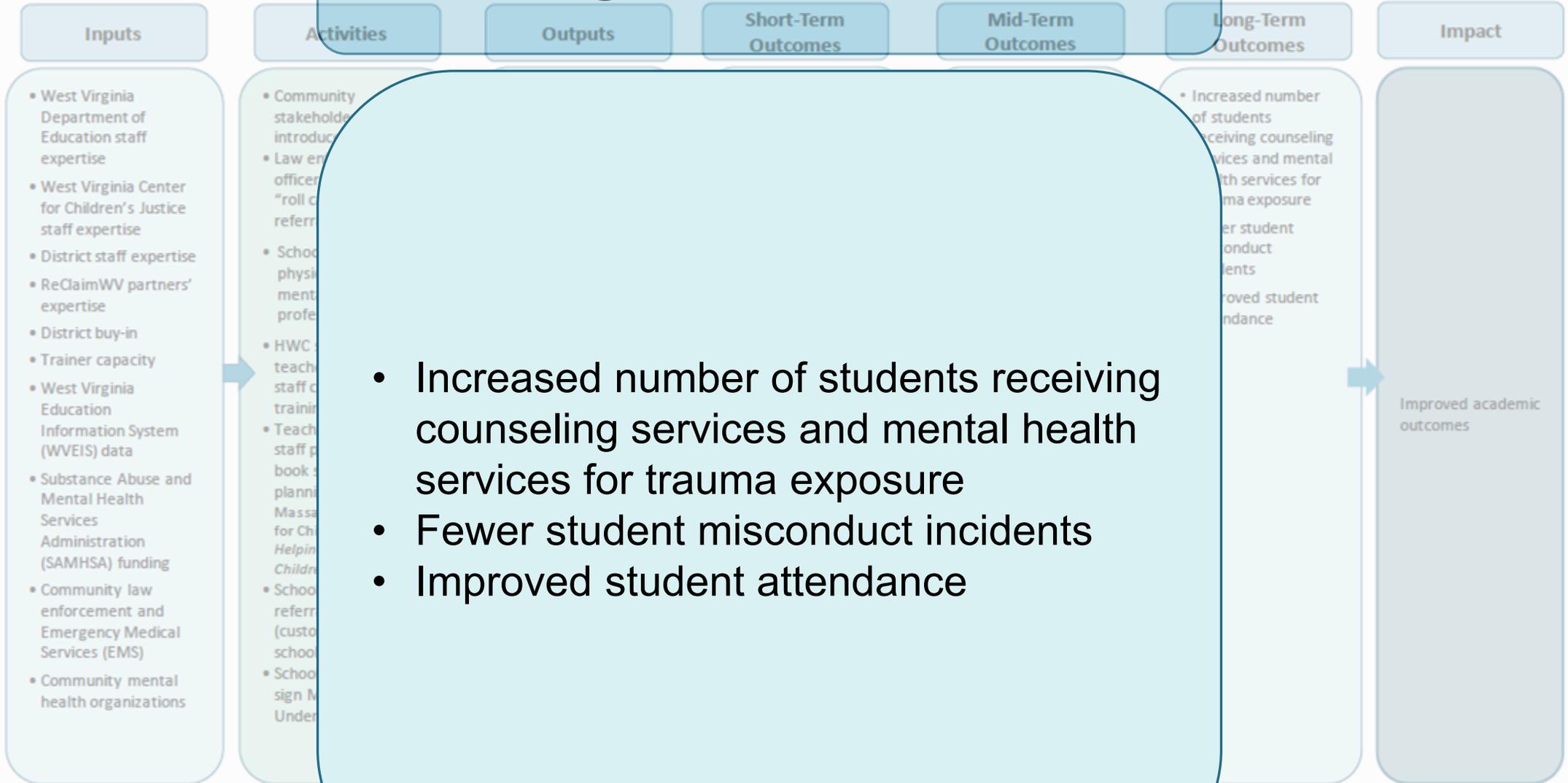
HWC School-level Logic Model



Mid-Term Outcomes



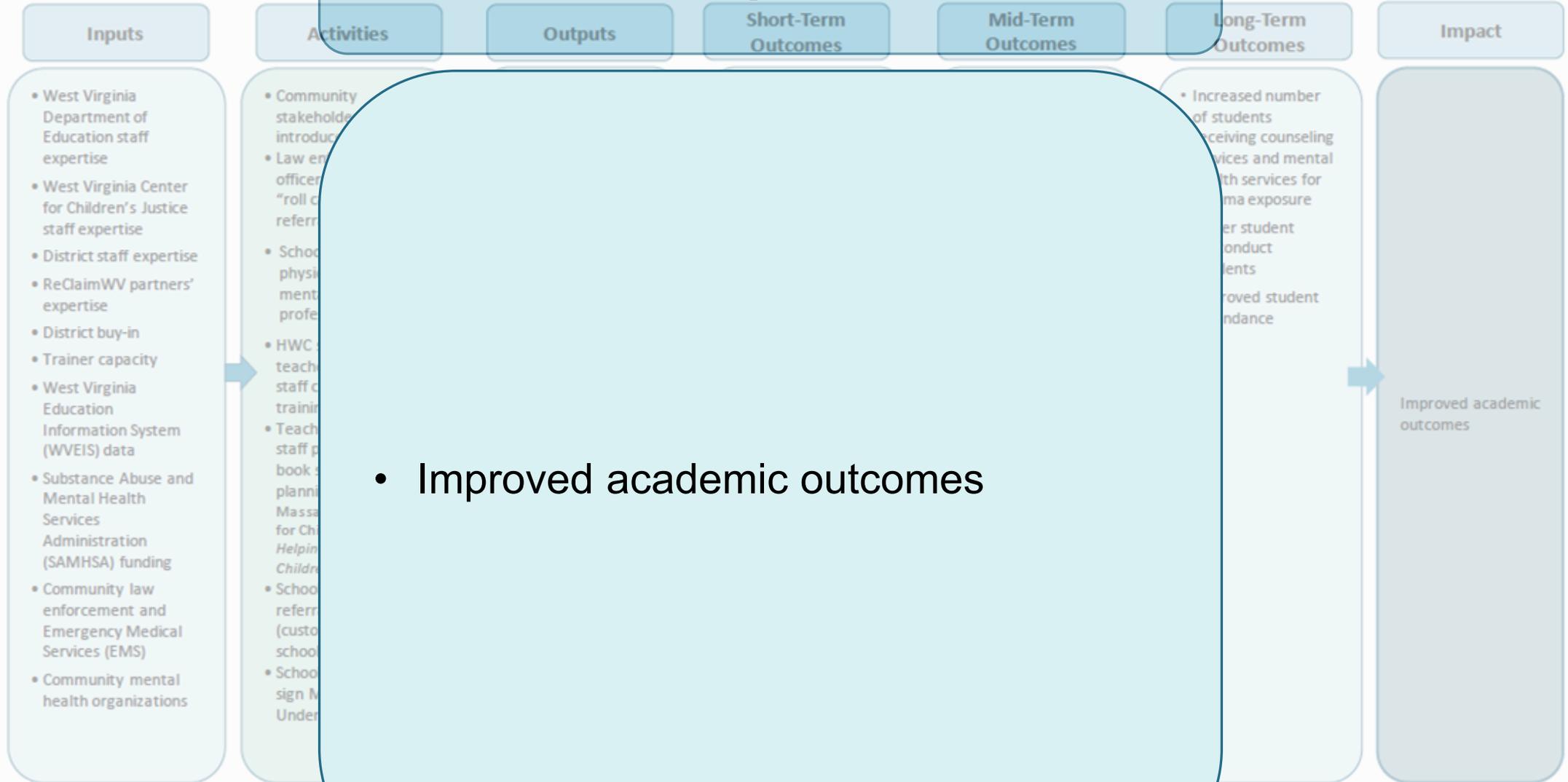
Long-Term Outcomes



- Increased number of students receiving counseling services and mental health services for trauma exposure
- Fewer student misconduct incidents
- Improved student attendance

HWC Logic Model

Impact



- Improved academic outcomes

Monitoring HWC implementation and student outcomes

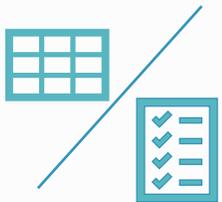
OVERVIEW OF DATA REVIEW MEETING PROTOCOL AND WORKBOOKS

HWC program-improvement process support: Guide and workbooks



- **HWC Guide**

- Recommends processes for conducting program improvement
- Instructions, templates, examples



- **HWC Counselor Workbook (or Document)**

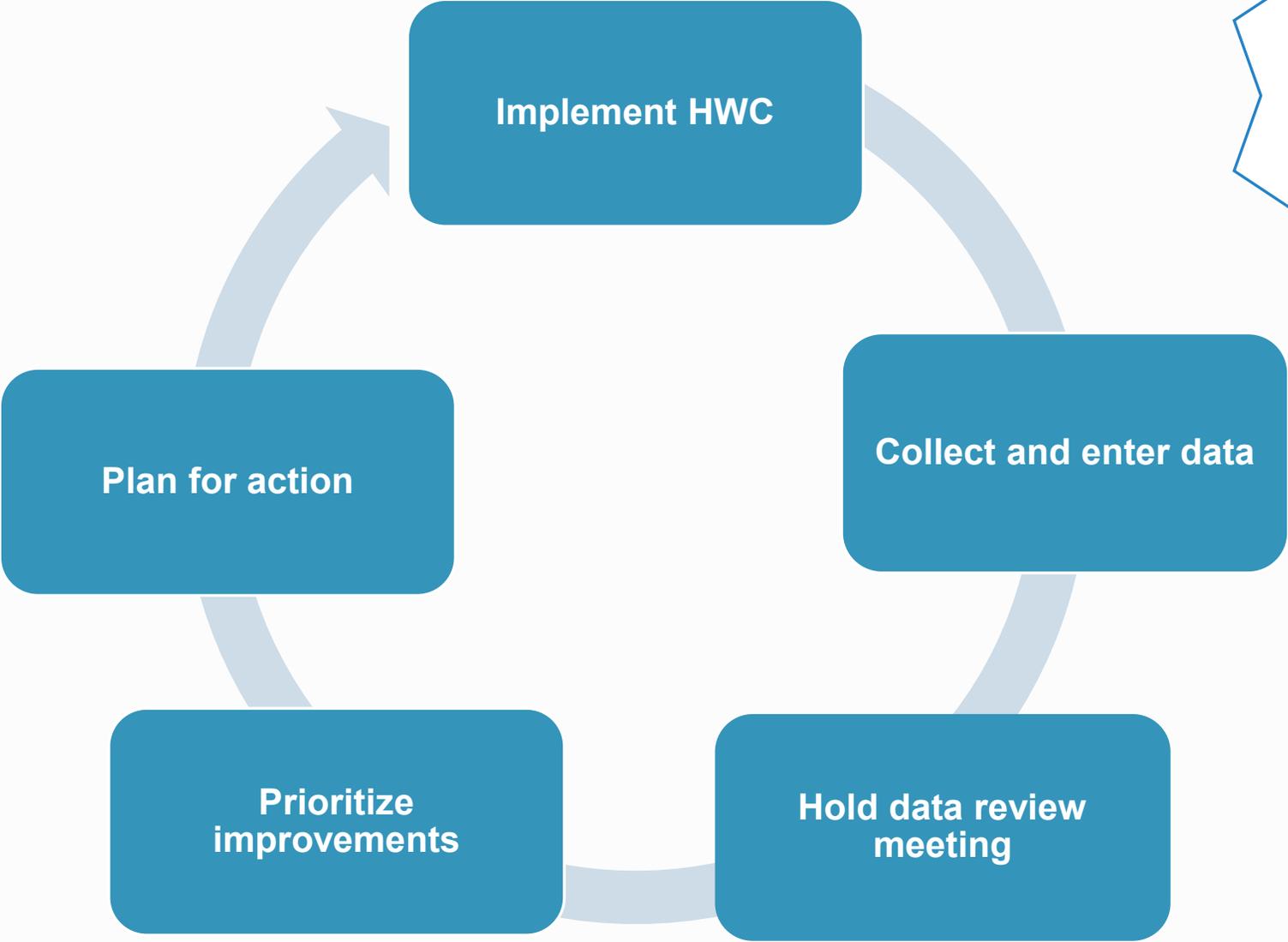
- Tracks interactions with students identified for HWC support
- Summarizes data to share with the school data lead



- **HWC Data Lead Workbook**

- Tracks implementation and student outcomes
- Customizes graphs and charts to visualize data

HWC program-improvement process

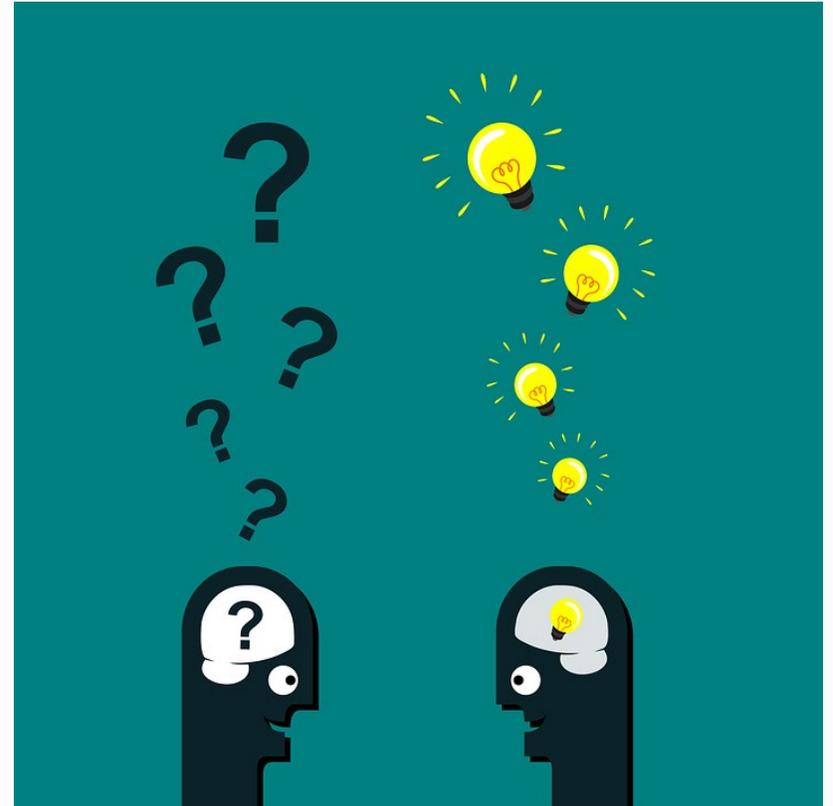


Ideally this is a monthly process

The Local Perspective

RON DUERRING, ED.D., SUPERINTENDENT, KANAWHA COUNTY SCHOOLS

Questions?





What are our next steps?

Google Doc

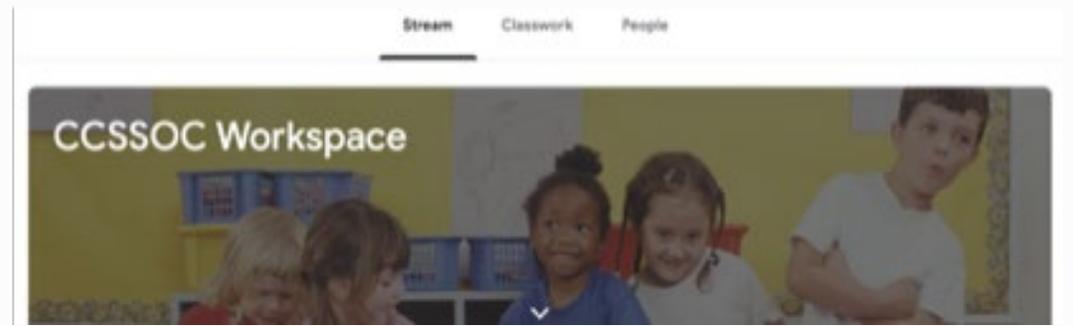
- Instructions:
 - Click on the Google Doc link in the chat.
 - Add your thoughts, questions, and ideas to the topics listed.
 - Add your name in parentheses after each comment.
 - Rank this activity in terms of importance or urgency to you (#1 highest through #5 lowest).
 - Spend about **5 minutes** on this activity.

We heard you! We will...

- Review your comments.
- Ask for a couple of volunteers.
- Formulate a plan for next steps.
- Report back to the collaborative.



Wrap up



- We recorded this meeting and will send it to all participants soon.
- Let us know if you have questions or comments about resources or programs.
- Better yet, go on the **Workspace** and discuss with other members:
<https://classroom.google.com/u/0/c/NDA3MDUxMjYxODRa>
- Possible weeks for next meeting: **March 16–20** or **March 30–April 3**.
- Interest in **presenting your work**? We'd love to hear from you!



Thank you!

RELAPopiod@groups.sri.com

REL Appalachia



[https://ies.ed.gov/ncee/edlabs/
regions/appalachia/](https://ies.ed.gov/ncee/edlabs/regions/appalachia/)



[@REL_Appalachia](https://twitter.com/REL_Appalachia)



RELAppalachia@sri.com