

# Washington SEL Capacity Building Training Series

Training 2: Strengthening SEL Implementation in Schools and Districts
June 2, 2020
2:00 p.m.—4:00 p.m.
Virtual Meeting

#### **Facilitators**

Julie Petrokubi, Sarah Pierce, and Vicki Nishioka, REL Northwest

#### Goal

The goal of *Strengthening SEL Implementation in Schools and Districts* is to increase participants' understanding and use of quality research on social emotional learning (SEL) to improve SEL implementation in their local contexts. Participants will use what they learn to strengthen their SEL capacity-building plans, including identifying key action steps and partners within their system.

### **Objectives**

- 1. Participants will increase their understanding of the evidence base for quality implementation of SEL.
- 2. Participants will learn research and practices related to improved systems conditions and adult capacity.
- 3. Participants will practice what they learn by reflecting on their organization's current use of these practices in light of the evidence, identifying opportunities for improvement using research and the Washington SEL resources, and sharing lessons learned.

**Agenda** 

Time	Content	Goals and objectives	Activities and resources
5 minutes	Welcome and introduction	Participants will understand the scope of the training series, the agenda for training 2, and the connection with training 1.	PowerPoint slides 1–7
15 minutes	Overview of SEL implementation research and Washington state's SEL landscape	Participants will understand the empirical and theoretical foundations for research on SEL implementation, connections with the Washington SEL Implementation Guide, and results from a recent landscape scan of SEL implementation across Washington state (Petrokubi, Bates, & Denton, 2019).	PowerPoint slides 8–24 Ask A REL Responses
30 minutes	Research related to systems conditions for SEL	Participants will examine key studies and strategies for cultivating systems conditions for SEL implementation.	PowerPoint slides 25– 33 Interactive Polling questions

This event is supported under Contract ED-IES-17-C-009 by Regional Educational Laboratory Northwest, administered by Education Northwest. The content does not necessarily reflect the views or policies of IES or the U.S. Department of Education, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.

Time	Content	Goals and objectives	Activities and resources
10 minutes	Small-group discussion	Participants will reflect upon and apply this research-based information to their own context through small-group discussions with their team members and others.	PowerPoint slide 34 Interactive virtual chat rooms
30 minutes	Research related to adult capacity for SEL	Participants will examine key studies and strategies for building adult SEL and capacity to support student SEL.	PowerPoint slides 35–49
10 minutes	Small-group discussion	Participants will reflect upon and apply this research-based information to their own context through small-group discussions with their team members and others.	PowerPoint slide 50 Interactive virtual chat rooms
15 minutes	Goal development	Participants will learn how to use a SWOT analysis to examine the status of their work in these areas and identify future priorities.	PowerPoint slides 51– 54
5 minutes	Closing and next steps	Participants will learn about the Ask A REL service and the resources used in this training.	PowerPoint slides 55– 57

# Agenda and Slide Deck References

Welcome and overview of SEL implementation research and Washington SEL landscape

- Bertram, R. M., Blase, K. A., & Fixsen, D. L. (2015). Improving programs and outcomes: Implementation frameworks and organization change. Research on Social Work Practice, 25(4), 477–487. Retrieved May 6, 2020, from https://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.1003.1951&rep=rep1&type=p df
- Durlak, J. A. (2016). Programme implementation in social and emotional learning: Basic issues and research findings. Cambridge Journal of Education, 46(3), 333–345. Retrieved May 6, 2020, from <a href="https://www.rydon.org.au/wp-content/uploads/2016/09/Programme-">https://www.rydon.org.au/wp-content/uploads/2016/09/Programme-</a> implementation-in-social-and-emotional-learning-basic-issues-and-researchfindings.pdf
- Drago-Severson, E., Helsing, D., Kegan, R., Popp, N., Broderick, M., & Portnow, K. (2001). The power of a cohort and of collaborative groups. *Focus on Basics Connecting Research & Practice*, 5(B), 15–22. Retrieved May 6, 2020, from http://ncsall.net/fileadmin/resources/fob/2001/fob 5b.pdf
- Evans, R., Murphy, S., & Scourfield, J. (2015). Implementation of a school-based social and emotional learning intervention: Understanding diffusion processes within complex systems. Prevention Science, 16(5), 754-764. Retrieved May 6, 2020, from https://link.springer.com/article/10.1007/s11121-015-0552-0
- Flaspohler, P. D., Meehan, C., Maras, M. A., & Keller, K. E. (2012). Ready, willing, and able: Developing a support system to promote implementation of school-based prevention programs. American Journal of Community Psychology, 50(3-4), 428–444. Retrieved May 6, 2020, from https://www.researchgate.net/profile/Paul Flaspohler/publication/225056688 Ready Wi <u>lling and Able Developing a Support System to Promote Implementation of Schoo</u> l-Based Prevention Programs/links/00b7d538e1bc98b04f000000/Ready-Willing-and-Able-Developing-a-Support-System-to-Promote-Implementation-of-School-Based-Prevention-Programs.pdf
- Hamilton, L.S., Schwartz, H.L. (2019). Get smart about social and emotional learning measurement. American Enterprise Institute. <a href="http://files.eric.ed.gov/fulltext/ED602480.pdf">http://files.eric.ed.gov/fulltext/ED602480.pdf</a>
- Harn, B., Parisi, D., & Stoolmiller, M. (2013). Balancing fidelity with flexibility and fit: What do we really know about fidelity of implementation in schools? Exceptional Children, 79(2), 181–193. http://eric.ed.gov/?id=EI1016964

- Johnson, M. M., Hertel, R., Chauvin, R., Petrokubi, J., & Pierce, S. (2019). 2019 report on social emotional learning in Washington's K–12 public schools. Olympia, WA: Office of Superintendent of Public Instruction. Retrieved May 6, 2020, from https://www.k12.wa.us/sites/default/files/public/communications/SEL%20Legislative%2 0Report%20final%20as%20approved%20by%20GR.pdf
- Jones, S. M., & Kahn, J. (2017). The evidence base for how we learn: Supporting students' social, emotional, and academic development. Consensus statement of evidence from the Council of Distinguished Scientists. Washington, DC: Aspen Institute, National Commission on Social, Emotional, & Academic Development. <a href="http://eric.ed.gov/?id=ED577039">http://eric.ed.gov/?id=ED577039</a>
- Jones, S., Bailey, R., Brush, K., & Kahn, J. (2018). *Preparing for effective SEL implementation*. Harvard Graduate School of Education. Retrieved May 6, 2020, from https://www.selconnection.com/images/Preparing-for-Effective-SEL-Implementation.pdf
- Kendziora, K. & Yoder, N. (2016). When districts support and integrate social and emotional learning (SEL): Findings from an ongoing evaluation of district wide implementation of SEL. [Issue Brief]. American Institute for Research, Education Policy Center. Retrieved May 6, 2020, from https://casel.org/wp-content/uploads/2017/04/When-Districts-Support-SEL-Brief.pdf
- Newman, J., & Dusenbury, L. (2015). Social and emotional learning (SEL): A framework for academic, social, and emotional success. In K.Bosworth (Ed.), Prevention science in school settings (pp. 287-306). Springer, New York.
- O'Conner, R., De Feyter, J., Carr, A., Luo, J. L., & Romm, H. (2017). A review of the literature on social and emotional learning for students Ages 3-8: characteristics of effective social and emotional learning programs (Part 1 of 4). REL 2017-245. Washington, DC; U.S. Department of Education, Institute of Educational Sciences, National Center for Education Evaluation and Regional Assistance, Regional Educational Laboratory Mid-Atlantic. https://eric.ed.gov/?id=ED572721
- Oberle, E., Domitrovich, C. E., Meyers, D. C., & Weissberg, R. P. (2016). Establishing systemic social and emotional learning approaches in schools: A framework for schoolwide implementation. Cambridge Journal of Education, 46(3), 277–297. Retrieved May 6, 2020, from https://www.researchgate.net/profile/Eva Oberle/publication/292947112 Establishing s ystemic social and emotional learning approaches in schools a framework for scho olwide implementation/links/5af27ced458515c28379733a/Establishing-systemic-socialand-emotional-learning-approaches-in-schools-a-framework-for-schoolwideimplementation.pdf

- Petrokubi, J., Bates, L., & Denton, A. (2019). K–12 social and emotional learning across Washington: A statewide landscape scan. Portland, OR: Education Northwest. Retrieved May 6, 2020, from https://www.k12.wa.us/sites/default/files/public/studentsupport/sel/pubdocs/Appendix %20K%20WA%20SEL%20Landscape%20Scan%20Report.pdf
- Schonert-Reichl, K. A. (2017, spring). Social and emotional learning and teachers. The Future of Children, 27(1), 137–155. http://eric.ed.gov/?id=EJ1145076
- Washington SEL Indicators Workgroup. (2019). Washington State social emotional learning implementation guide. Olympia, WA: Washington State Office of the Superintendent of Public Instruction. Retrieved April 27, 2020, from <a href="https://www.k12.wa.us/student-">https://www.k12.wa.us/student-</a> success/health-safety/mental-social-behavioral-health/social-and-emotional-learning-sel

## Research related to systems conditions for SEL

- Cook, C. R., Frye, M., Slemrod, T., Lyon, A. R., Renshaw, T. L., Zhang, Y. (2015). An integrated approach to universal prevention: Independent and combined effects of PBIS and SEL on youths' mental health. School Psychology Quarterly, 30(2), 166-183. http://eric.ed.gov/?id=EJ1167964.
- Cornell, D. G., Allen, K., & Fan, X. (2012). A randomized controlled study of Virginia Student Threat Assessment Guidelines in kindergarten through grade 12. School Psychology Review, 41(1), 100–115. http://eric.ed.gov/?id=EJ977429
- Elias, M. J., O'Brien, M. U., Weissberg, R.P. (2006). Transformative leadership for socialemotional learning. Principal Leadership, 6(4), 10-13. Retrieved May 6, 2020, from http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.307.5352&rep=rep1&type=pdf
- Murkuria, G. (2002). Disciplinary challenges: How do principals address this dilemma? *Urban* Education, 37(3), 432–452. http://eric.ed.gov/?id=EJ660361
- Wanless, S. B., & Domitrovich, C. E. (2015). Readiness to implement school-based socialemotional learning interventions: Using research on factors related to implementation to maximize quality. Prevention Research, 16(8), 1037-1043. Retrieved May 6, 2020, from https://link.springer.com/article/10.1007/s11121-015-0612-5

### Research related to adult capacity for SEL

Brackett, M. A., Reyes, M. R., Rivers, S. E., Elbertson, N. A., & Salovey, P. (2011). Classroom emotional climate, teacher affiliation, and student conduct. Journal of Classroom Interaction, 46(1), 27–36. <a href="http://eric.ed.gov/?id=EJ948647">http://eric.ed.gov/?id=EJ948647</a>

- Braun, S. S., Roeser, R. W., Mashburn, A. J., & Skinner, E. (2019). Middle school teachers' mindfulness, occupational health and well-being, and the quality of teacher-student interactions. Mindfulness, 10(2), 245–255. Retrieved April 27, 2020, from https://pennstate.pure.elsevier.com/en/publications/middle-school-teachersmindfulness-occupational-health-and-well-b
- Collier, R. J., Shapka, J. D., Perry, N. E., & Martin, A. J. (2017). Teachers' beliefs about socialemotional learning: Identifying teacher profiles and their relations with job stress and satisfaction. Learning and Instruction, 39, 148–157. Retrieved April 27, 2020, from https://www.researchgate.net/publication/279204685 Teachers' beliefs about socialemotional learning Identifying teacher profiles and their relations with job stress a nd satisfaction
- Crosnoe, R., Johnson, M. K., & Elder, G. H., Jr. (2004). Intergenerational bonding in school: The behavioral and contextual correlates of student-teacher relationships. Sociology of Education, 77(1), 60–81. http://eric.ed.gov/?id=EJ695992
- Diamond, K. E., Justice, L. M., Siegler, R. S., & Snyder, P. A. (2013). Synthesis of IES research on early intervention and early childhood education. (NCSER 2013-3001). Washington, DC: National Center for Special Education Research, Institute of Education Sciences, U. S. Department of Education. Retrieved April 27, 2020, from https://ies.ed.gov/ncser/pubs/20133001/pdf/20133001.pdf
- Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., & Schellinger, K. B. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions. Child Development, 82(1), 405–432. https://eric.ed.gov/?id=EJ927868
- Jennings, P. A., & Greenberg, M. T. (2009). The prosocial classroom: Teacher social and emotional competence in relation to student and classroom outcomes. Review of Educational Research, 79, 491–525. <a href="https://eric.ed.gov/?id=EJ879159">https://eric.ed.gov/?id=EJ879159</a>
- Lieber, C. M., & Tissiere, M. (with S. Blialek). (2017). Embedding social and emotional learning in high school classrooms. Cambridge, MA: Engaging Schools. Retrieved April 27, 2020, from https://engagingschools.org/wpcontent/uploads/2017/11/Embedding SEL in HS Classrooms-rev-10-30-17.pdf
- Payton, J., Weissberg, R. P., Durlak, J. A., Dymnicki, A. B., Taylor, R. D., Schellinger, K. B., & Pachan, M. (2008). The positive impact of social and emotional learning for kindergarten to eighth-grade students: Findings from three scientific reviews. Chicago, IL: Collaborative for Academic, Social, and Emotional Learning. Retrieved April 27, 2020, from https://www.casel.org/wp-content/uploads/2016/08/PDF-4-the-positive-impact-of-social-

- and-emotional-learning-for-kindergarten-to-eighth-grade-students-executivesummary.pdf
- Roeser, R. W., Schonert-Reichl, K. A., Jha, A., Cullen, M., Wallace, L., Wilensky, R., Oberle, E., Thomson, K., Taylor, C., & Harrison, J. (2013). Mindfulness Training and Reductions in Teacher Stress and Burnout: Results From Two Randomized, Waitlist-Control Field Trials. Journal of Educational Psychology, 105(3), 787–804. <a href="https://eric.ed.gov/?id=EJ1054511">https://eric.ed.gov/?id=EJ1054511</a>
- Tobin, T. J., & Vincent, C. G. (2011). Strategies for preventing disproportionate exclusions of African American students. *Preventing School Failure*, 55(4), 192–201. http://eric.ed.gov/?id=EJ934841
- Tyack, D., & Cuban, L. (1995). Tinkering toward utopia: A century of public school reform. Cambridge, MA: Harvard University Press.

#### Research related to goal development

Gurel, E. & Tat, M. (2017) SWOT analysis: A theoretical review. Journal of International Social Research, 10(51) 994–1006. Retrieved April 27, 2020, from https://www.researchgate.net/publication/319367788 SWOT ANALYSIS A THEORETI **CAL REVIEW**