



Webinar: Self and Collective Care of Youth-Serving Adults

Webinar 3 of 3 in the series “Addressing the Effects of Trauma in Schools”

April 8, 2016

Resource List

This list of resources is a compilation of documents and websites shared via PowerPoint slides and the chat function during the webinar.

- REL West website: <http://relwest.wested.org>
- Webinar series archive: <https://relwest.wested.org/events/329>
- Presentation slides: <http://tinyurl.com/YouthServingAdults>
- Coalition to Support Grieving Students: <http://grievingstudents.org/>
 - Module on Professional Self-Care: <https://grievingstudents.org/module-section/professional-self-care/>
- Self-Care Assessment: https://mnliteracy.org/sites/default/files/self-care_assesment.pdf
- Training for Change Tool: Sustaining Self-Care: <https://www.trainingforchange.org/tools/sustaining-self-care-tool-personal-awareness>
- Leora Wolf-Prusan’s research on “The Impact of Student Gun/Gang-related Homicide on Urban High School Teachers”: <http://escholarship.org/uc/item/2sk4z9sv>
- Candice Valenzuela’s feature on the concept of care: <http://www.sunypress.edu/p-3046-subtractive-schooling.aspx>
- Article on preparing educators to work with trauma-impacted students: <http://hechingerreport.org/teacher-prep-fails-to-prepare-educators-for-diversity-child-trauma-panel-says/>
- Transactional model of stress and coping: https://www.utwente.nl/cw/theorieenoverzicht/Theory%20clusters/Health%20Communication/transaccional_model_of_stress_and_coping/
- Resilient Mindful Learner Project: www.ocde.us/healthyminds
- Ask A REL Program: <https://ies.ed.gov/ncee/edlabs/askarel/>