

May 2020 REL Corner: Addressing Student and Educator Trauma

Learn about the REL Appalachia and its work, and dive into these resources from across the REL program on identifying and addressing trauma experienced by students and educators.

- <u>Cross-State Collaborative to Support Schools in the Opioid Crisis</u>. This REL Appalachia
 project page provides blogs, webinars, and other resources to support educators in
 identifying, selecting, and effectively implementing evidence-based practices for
 supporting students and educators experiencing consequences of trauma related to the
 opioid crisis.
- <u>Voices from the Field: The Importance of Trauma-Informed Practices</u>. This 6-minute video from REL West features two national experts in trauma and resilience who discuss why trauma-informed practices are important for students and schools and share ideas for educators to strengthen the culture of youth-serving organizations and to better support struggling students.
- What is the evidence on interventions for supporting the social-emotional and educational progress of foster children, particularly those who are justice-involved or who have experienced trauma? This Ask A REL response from REL Appalachia shares research reports and descriptive articles that highlight evidence-based interventions and strategies for foster youth who have experienced trauma.
- What does the literature/research suggest about the effect of unexpected school closures, such as natural disasters, on student achievement? This Ask A REL response from REL Mid-Atlantic shares research reports and descriptive articles on the academic impact of natural disasters on students and how to support student learning during these times.
- <u>Research-Based, Trauma-Responsive Education Practices</u>. This webinar from REL Southwest examined trauma in schools, current research on the topic, and strategies for creating a trauma-responsive school environment.

- <u>Resource roundup: Trauma-responsive practices</u>. This blog post from REL Southwest features blogs, webinars, Ask A REL responses, and other resources from across the REL program on trauma-informed care and trauma-responsive practices.
- Learning From Each Other: State Efforts to Address the Opioid Epidemic and Its Consequences on Schools in Appalachia. This blog post from REL Appalachia describes how the education system is supporting students, teachers, communities, and families address the opioid crisis through trauma-informed care.
- <u>Cross-State Collaborative to Support Schools in the Opioid Crisis Meeting</u>. These
 meeting materials from an April 2020 REL Appalachia event provide helpful strategies
 for educators to identify and address student trauma, including a menu of traumainformed programs for schools.
- <u>What does the research say about supports for the different needs of traumatized</u> <u>children</u>? This Ask A REL response from REL Northeast & Islands shares research reports and descriptive articles that provide strategies for supporting children dealing with trauma.