



# INTERVENTION SNAPSHOT

Topic Area: Transition to College



## Facilitating Long-term Improvements in Graduation and Higher Education for Tomorrow (FLIGHT)

Large numbers of qualified students do not apply to and enroll in college. Yet, earning a college degree is one of the primary pathways for economic success and is increasingly required for good jobs and high wages.<sup>1</sup> A number of programs and practices aim to improve college readiness and enrollment, including *Take Stock in Children's*® (TSIC's®) *Facilitating Long-term Improvements in Graduation and Higher Education for Tomorrow (FLIGHT)* program. *FLIGHT* provides mentoring, scholarships, and additional support services to help disadvantaged middle and high school students stay on track for graduation, apply to college, and enroll in college. *FLIGHT* students also have access to college transition and retention services in their first three semesters of college. This What Works Clearinghouse (WWC) report, part of the WWC's Transition to College topic area, explores the effects of the *FLIGHT* program on student success. The WWC identified six studies of *FLIGHT*, and one study met WWC standards.

### What Happens When Students Participate in *FLIGHT*?

The WWC found that implementing <i>FLIGHT</i> :	Effectiveness rating	Average performance (study findings)		Evidence meeting WWC standards (version 3.0)	
		Intervention group	Comparison group	Number of studies	Number of students
May increase the number of students who enroll in college	Potentially positive effects	97% enrolled	83% enrolled	1	180
May result in little or no increase in high school students' attendance	No discernible effects	12.37 absences	12.45 absences	1	241
May result in little or no increase in high school students' GPA	No discernible effects	3.90 GPA	3.95 GPA	1	240

#### FINDINGS ARE BASED ON:

**1** study with **241** students in **Florida** covering grades **6-Postsecondary**



#### STUDENT CHARACTERISTICS:

Free & reduced-price lunch:  
**100%**

Gender:  
**65%** female

Race:  
**80%** minority

Ethnicity:  
**47%** Hispanic

### What Does *FLIGHT* Cost?

Detailed cost information is not available. *FLIGHT* relies on volunteers and *TSIC*® staff who were embedded in schools. Schools supply the dedicated space for staff training, individualized assistance, and workshops. *FLIGHT* receives funding from corporate, foundation, and private donations, matched by the Florida Prepaid College Foundation funded by the Florida Legislature, and in-kind services from volunteers, private foundations, and community agencies.

#### LEARN MORE



Read more about the *FLIGHT* intervention and the studies that are summarized here on the [Intervention Report webpage](#).



Contact [Take Stock in Children](#)® for additional information on implementing *FLIGHT*.

#### ENDNOTE

<sup>1</sup> Avery, C. (2013). Evaluation of the College Possible Program: Results from a randomized controlled trial. NBER Working Paper 19562. Cambridge, MA: National Bureau of Economic Research. See also Hoxby, C. & Turner, S. (2013). Expanding college opportunities for high-achieving, low income students. Stanford, CA: Stanford Institute for Economic Policy Research.