Single-Case Design Research in What Works Clearinghouse (WWC) Intervention Reports

May 2023
Why this webinar?

• **Context:** The WWC recently released two intervention reports that include findings from single-case design (SCD) studies:
  – *Good Behavior Game*
  – *Class-Wide Function-Related Intervention Teams (CW-FIT)*

• **Purpose:** This webinar will help researchers understand how the WWC reviews and synthesizes SCD research.
Road map for this webinar

• Overview of WWC products
• How SCD research expands the base of rigorous studies
• Understanding SCDs and their findings
• Explore how SCDs contribute to WWC intervention reports
• Wrap-up and where to find materials

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Overview of the WWC: Using evidence to improve instruction

• **Who we are:** An initiative of the Institute of Education Sciences (IES) at the U.S. Department of Education.

• **What we do:** Evaluate existing research on educational topics and summarize the evidence in accessible products.

• **Why we do it:** To provide educators and other policymakers with information to make evidence-informed decisions.

• **How we do it:** Hundreds of trained and certified reviewers rate whether studies are of sufficiently high quality and then summarize the results from the high-quality studies.
Practice guides help educators identify and implement evidence-based strategies.

Individual study reviews provide the ingredients to practice guides and intervention reports.

Intervention reports help decision makers select or continue implementing a specific intervention.

https://ies.ed.gov/ncee/wwc/
Expanding the Evidence Base with Single-Case Design (SCD) Research
Expanding the evidence base

• Group design studies are commonly used to generate evidence of effectiveness:
  – Randomized controlled trials (RCTs)
  – Quasi-experimental designs (QEDs)
  – Regression discontinuity designs (RDDs)

These group designs:
  – Require a comparison group that does not receive the intervention during the study
  – Can use large samples, such as all students within a class, school, or district; can be costly, especially if students are in several locations or if data are collected over a long period of time

• Some populations, interventions, and outcomes are not well-suited to group design studies. For example:
  – Interventions aimed at students with specific challenges
  – Schools that cannot withhold interventions from comparison group students
  – Outcomes that are often best studied via direct observation and repeated measurements
Key features of single-case designs

- SCDs are experimental designs, where an individual case is the unit of intervention administration and data analysis.

- Researchers assess intervention effects in different phases, by repeatedly observing the case before, during, and sometimes after the intervention.

- A case is often a single student or group of students, such as a classroom.

- Data are presented graphically to illustrate the effect of the intervention by showing how outcomes change within and across different conditions (or phases).
Reversal-withdrawal design

- Repeatedly introduce and remove the intervention across multiple phases
- One case provides three opportunities to demonstrate an effect at three points in time
- Appropriate when we expect effects on outcomes to reverse when intervention is removed
Multiple baseline design

• Stagger the introduction of the intervention across more than one case or setting
• Typically start with concurrent baseline phases; then the intervention is introduced in a staggered manner
• Each case provides an opportunity for a single demonstration of an effect of a program
• Appropriate when the intervention is expected to have a lasting effect on outcomes
Multiple probe design

• Differentiated from a multiple baseline design by intermittent rather than continuous data collection probes.
• Missing data are a planned feature of the design.
• Particularly useful when repeated testing of a behavior or skill may be harmful or upsetting.
Alternating treatment design

- Rapid alternation between two or more interventions, with only a few observations per phase.
- Used with outcome behavior that is easily altered and likely to return to pre-intervention levels in the absence of intervention.
- May not include a baseline phase.
Key features of single-case designs

- SCD research can be used to help overcome some of the challenges with group design research.

- SCDs generally include a small number of participants, so can be used with smaller subsamples, such as students with high levels of disruptive behavior or students with disabilities.

- All participants can receive the intervention during an SCD study—there is no need to withhold services to establish a comparison group.
Requirements for SCDs to meet WWC version 4.1 standards

• SCDs must include repeated measurements across conditions.
  – At least three opportunities to demonstrate an effect at three points in time
  – Repetition improves precision of results

• SCDs can demonstrate causal effects, if researchers:
  – Control when the intervention is introduced (and withdrawn)
  – Carefully monitor outcomes in the presence and absence of the intervention

• Outcomes must be measured systematically over time by more than one assessor and meet specific inter-assessor agreement (IAA) criteria set by the WWC.
  – Percent agreement across observers must be at least 80%
  – IAA data must be collected at least once in each phase and in at least 20% of intervention and comparison sessions

• These requirements reduce threats to internal validity and increase the chance that observed effects were caused by the intervention.
Common reasons SCDs do not meet WWC standards (DNMS)

• Eligible outcomes do not meet requirements due to insufficient IAA data.
  – IAA data not collected at least once in each phase or in at least 20% of intervention and comparison sessions
  – Percent agreement across observers is less than 80%

  *Among studies that DNMS: Represents 52% of studies in Good Behavior Game and CW-FIT*

• Insufficient data to demonstrate an intervention effect.
  – Fewer than three attempts to demonstrate an intervention effect at three different points in time
  – Fewer than three data points in at least one phase of the SCD

  *Among studies that DNMS: Represents 48% of studies in Good Behavior Game and CW-FIT*
Reporting Results from Single-Case Designs
SCD evidence can be synthesized with findings from group design studies

• The WWC calculates and synthesizes a **design-comparable effect size** (D-CES) from SCDs with Hedges’ $g$ effect sizes from group design studies.
  – Conceptually similar to Hedges’ $g$, the D-CES is estimated by comparing outcomes between intervention and comparison phases.
  – Accounts for trends in repeated measures of the outcome over the sessions.

• Calculating a D-CES requires three or more cases in the study.
  – May be estimated from a multiple baseline design across cases, multiple probes across cases, or a reversal-withdrawal design for three cases.
  – There is currently no procedure for computing the D-CES for other SCDs.
D-CES for outcomes measured for groups of individuals

- Some outcomes are measured for clusters or **groups of individuals**, like a classroom of students.

- The WWC will calculate a D-CES for cluster-level outcomes if they are based on **measurements of individual outcomes aggregated to the group level**.
  - For example, the percentage of students in the class exhibiting disruptive behavior

- The WWC applies a formula from the version 5.0 Procedures and Standards Handbook to transform the effect size to measure effects on students, instead of classrooms.

- The WWC cannot calculate a D-CES for cluster-level outcomes for:
  - Measurements based on scans of the cluster **without a fixed method for individually observing each student** in the cluster
  - Measurements based on **small groups of students within the cluster** instead of individual students
D-CES calculation used by WWC

- The WWC estimates D-CES using a multilevel modeling framework.
- Software products to implement D-CES estimation include the scdhlm R package or web application.
- Requires access to raw outcome data by case, observation session, and condition.
- If authors do not report raw SCD data or provide them through an author query, the WWC will extract the data from graphs using freely available software.

SCD influence on synthesized effects

• When synthesizing effect sizes across studies, the WWC weights each impact estimate based on its precision, so more precise estimates receive more weight.
• The precision of a D-CES is influenced by the:
  – Number of cases
  – Number of observation sessions
  – Consistency of measurements within phases
• Use of repeated measures improves precision; the D-CES can therefore contribute meaningfully to a synthesis even though sample sizes are generally much smaller than group design studies.
• SCD studies without a D-CES can still be described in WWC products but are not synthesized with other intervention findings.
WWC Intervention Reports:  
*Good Behavior Game and Class-Wide Function-Related Intervention Teams (CW-FIT)*
Next, we will:

- Describe *Good Behavior Game* and *CW-FIT*
- Summarize intervention components, implementation, and costs
- Describe the number of studies in each report and the students represented in those studies
- Briefly summarize the effectiveness of *Good Behavior Game* and *CW-FIT* across studies and outcome domains, including findings from group design and SCD studies
**Good Behavior Game**

- **Goal:** *Good Behavior Game* is a classroom management strategy that aims to help teachers create a positive learning environment by decreasing student disruptive behavior and improving student academic engagement and prosocial behaviors.

- **Target population:**
  - Students in Pre-K through grade 12
  - Often used with students or classrooms that are demonstrating high levels of disruptive behaviors

- **Implementation:** Teachers place students into teams and reward them for demonstrating appropriate behaviors and following classroom rules.

- **Training:** Teachers receive training from a developer or researcher.
  - *PAX Good Behavior Game*® and American Institutes for Research (AIR) both provide an initial 2-day training and other materials.

- **Version:** Four studies used *PAX Good Behavior Game*®, one study used the AIR version, and 11 studies did not report which approach was used.
**Good Behavior Game Implementation and Costs**

- **Key components:**
  - Team-based game
    - Develop rules for student behavior
    - Monitor and score student behavior
    - Provide rewards to winning team(s)
  - Training for teachers
  - Ongoing coaching for teachers

- **Costs:**
  - *PAX Good Behavior Game*® ranges from $405 per teacher for a group training with 30 teachers to $580 per teacher for individual, self-paced training.
  - American Institutes for Research version is $325 per teacher for a group training with 40 teachers, plus additional costs to cover the AIR trainers’ travel.
Good Behavior Game: Number of studies

• **16 of 87 studies** are eligible for review, meet WWC standards, and contribute to effectiveness ratings.
  – Includes 6 group design studies and 10 SCD studies

• **15 other SCD studies meet standards** but do not contribute to the findings:
  – 14 studies did not have at least 3 cases; 1 study used alternating treatments design.
  – The study authors’ visual analysis of the findings is described in intervention report appendix, but the findings are not included in the main intervention report.
Good Behavior Game: Sample characteristics

- Student demographic information is drawn from published studies.
- WWC asks authors for non-reported sample information, unless it could allow readers to identify sample members.
### Good Behavior Game: Findings

#### Table 1. Summary of findings on Good Behavior Game from 16 studies that meet WWC standards

<table>
<thead>
<tr>
<th>Outcome domain</th>
<th>Effectiveness rating</th>
<th>Sample size</th>
<th>Evidence tier</th>
<th>Summary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student behavior</td>
<td>Positive effects</td>
<td>6,370 students</td>
<td>TIER 1 STRONG</td>
<td>The research provides strong evidence that Good Behavior Game improved student behavior. This assessment is based on 11 studies that meet WWC standards.</td>
</tr>
<tr>
<td>Teacher practice</td>
<td>Positive effects</td>
<td>236 teachers</td>
<td>TIER 3 PROMISING</td>
<td>The research provides promising evidence that Good Behavior Game improved teacher practice related to improving student behavior. This assessment is based on three studies that meet WWC standards.</td>
</tr>
<tr>
<td>Writing conventions</td>
<td>Potentially positive effects</td>
<td>6 students</td>
<td>TIER 3 PROMISING</td>
<td>The research provides promising evidence that Good Behavior Game improved student writing conventions. This assessment is based on one study that meets WWC standards.</td>
</tr>
<tr>
<td>Writing productivity</td>
<td>Potentially positive effects</td>
<td>6 students</td>
<td>TIER 3 PROMISING</td>
<td>The research provides promising evidence that Good Behavior Game improved student writing productivity. This assessment is based on one study that meets WWC standards.</td>
</tr>
<tr>
<td>Literacy achievement</td>
<td>Uncertain effects</td>
<td>3,453 students</td>
<td>NO TIER ASSIGNED</td>
<td>The research does not support claims that Good Behavior Game improved student literacy achievement. This assessment is based on two studies that meet WWC standards.</td>
</tr>
<tr>
<td>Mathematics achievement</td>
<td>Uncertain effects</td>
<td>703 students</td>
<td>NO TIER ASSIGNED</td>
<td>The research does not support claims that Good Behavior Game improved student mathematics achievement. This assessment is based on one study that meets WWC standards.</td>
</tr>
<tr>
<td>Intrapersonal competencies</td>
<td>Uncertain effects</td>
<td>3,857 students</td>
<td>NO TIER ASSIGNED</td>
<td>The research does not support claims that Good Behavior Game improved student intrapersonal competencies. This assessment is based on two studies that meet WWC standards.</td>
</tr>
<tr>
<td>School climate</td>
<td>Uncertain effects</td>
<td>73 after-school programs</td>
<td>NO TIER ASSIGNED</td>
<td>The research does not support claims that Good Behavior Game improved school climate. This assessment is based on one study that meets WWC standards.</td>
</tr>
</tbody>
</table>
### Table 4b. Findings by outcome domain from three studies of *Good Behavior Game* that meet WWC standards: Teacher practice outcomes

<table>
<thead>
<tr>
<th>Teacher practice outcome domain</th>
<th>Timings of measurement</th>
<th>Study sample</th>
<th>Number of sites</th>
<th>Intervention group</th>
<th>Comparison group</th>
<th>Effect size</th>
<th>Improvement Index</th>
<th>Statistically significant (p-value)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ohio State Teachers’ Sense of Efficacy Scale: Classroom Management Subscale</strong></td>
<td>End of intervention (Humphrey et al., 2018)</td>
<td>230 teachers in grades 2 and 3</td>
<td>77 schools in the United Kingdom</td>
<td>8.18 (standard deviation)</td>
<td>8.09</td>
<td>0.06</td>
<td>+2</td>
<td>No (p=0.35)</td>
</tr>
<tr>
<td><strong>Behavior-specific teacher praise, based on researcher observation of teachers</strong></td>
<td>During SCD intervention sessions (Lynne et al., 2017)</td>
<td>3 teachers in grades 1 and 4</td>
<td>1 school in southwestern U.S.</td>
<td>--</td>
<td>--</td>
<td>0.67</td>
<td>+25</td>
<td>No (p=0.12)</td>
</tr>
<tr>
<td><strong>General teacher praise, based on researcher observation of teachers</strong></td>
<td>During SCD intervention sessions (Lynne et al., 2017)</td>
<td>3 teachers in grades 1 and 4</td>
<td>1 school in southwestern U.S.</td>
<td>--</td>
<td>--</td>
<td>-0.10</td>
<td>-4</td>
<td>No (p=0.66)</td>
</tr>
<tr>
<td><strong>Instructor correction for problem social behavior, based on researcher observation of teachers</strong></td>
<td>During SCD intervention sessions (Rodriguez, 2010)</td>
<td>5 instructional assistants in grade K</td>
<td>1 school in the Pacific Northwest U.S.</td>
<td>--</td>
<td>--</td>
<td>0.75</td>
<td>+27</td>
<td>Yes (p&lt;0.01)</td>
</tr>
<tr>
<td><strong>Instructor praise for social behavior, based on researcher observation of teachers</strong></td>
<td>During SCD intervention sessions (Rodriguez, 2010)</td>
<td>5 instructional assistants in grade K</td>
<td>1 school in the Pacific Northwest U.S.</td>
<td>--</td>
<td>--</td>
<td>1.49</td>
<td>+43</td>
<td>Yes (p&lt;0.01)</td>
</tr>
<tr>
<td><strong>Summary for teacher practice: positive effects</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>0.35</td>
<td>+14</td>
<td>Yes (p&lt;0.01)</td>
</tr>
</tbody>
</table>
An appendix provides additional information about the 15 other SCD studies that meet WWC standards but do not contribute to the findings, including:

- Study and sample characteristics
- Authors’ characterization of findings

The appendix also provides information about that 10 SCD studies that did contribute to findings, including:

- Study and sample characteristics
- Authors’ characterization of findings for outcomes where a D-CES could not be calculated

WWC users can also access public extract data from each study.
Class-Wide Function-Related Intervention Teams (CW-FIT)

• **Goal:** *CW-FIT* aims to help teachers create a positive learning environment by decreasing disruptive behavior among students and improving social skills and prosocial behaviors.

• **Target population:** *CW-FIT* can be used with students in Pre-K through grade 12 and is often used with students or classrooms that are demonstrating high levels of disruptive behaviors.

• **Implementation:** Teachers establish classroom rules, provide instruction on target social skills, place students into teams, and reward them for demonstrating the skills.

• **Training:** Teachers can receive training from another staff member or from a *CW-FIT* researcher or developer, or they can train themselves.
  – Materials are available for free on the developer’s website.
**CW-FIT Implementation and Costs**

- **Key components:**
  - Teach students behavioral skills
  - CW-FIT game sessions
  - Praise students
  - Additional, targeted supports for students
  - Training and support for teachers

- **Costs:**
  - **Teacher training:** In all eight studies, teachers were trained using materials available for free on the CW-FIT developer’s website or provided by the study authors.
  - **Coaches:** In six studies, teachers received additional coaching. Districts can purchase training packages for coaches, starting at $6,000 to train two district coaches who can support 20 teachers.
**CW-FIT: Number of studies**

- **8 of 30 studies** are eligible for review, meet WWC standards, and contribute to effectiveness ratings.
  - Includes 2 group design studies and 6 SCD studies

- **6 other SCD studies** do not contribute to the findings:
  - 5 studies had fewer than 3 cases; 1 study focused on a cluster-level outcome based on small groups of students.
  - Authors’ visual analysis of the findings is described in appendix.
**CW-FIT: Sample characteristics**

- Student demographic information is drawn from published studies.
- WWC asks authors for non-reported sample information, unless it could allow readers to identify sample members.

**FINDINGS FROM 8 STUDIES**

- 759 students in Missouri, Tennessee, Utah, and other unknown states

**STUDENTS IN GRADES PreK–10**

<table>
<thead>
<tr>
<th>Race</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Native Hawaiian or Pacific Islander</td>
<td>1%</td>
</tr>
<tr>
<td>Other/unknown</td>
<td>44%</td>
</tr>
<tr>
<td>White</td>
<td>37%</td>
</tr>
<tr>
<td>Black</td>
<td>18%</td>
</tr>
</tbody>
</table>

**Free & Reduced-Price Lunch:** 67%

**Special Education:** 22%

**Female:** 26%
**CW-FIT: Findings**

<table>
<thead>
<tr>
<th>Outcome domain</th>
<th>Effectiveness rating</th>
<th>Improvement index</th>
<th>Evidence tier</th>
<th>Summary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student behavior</td>
<td>Positive effects</td>
<td>669 students</td>
<td>TIER 1 STRONG</td>
<td>The research provides strong evidence that CW-FIT improved student behavior. This assessment is based on six studies that meet WWC standards and include students in kindergarten through grade 10.</td>
</tr>
<tr>
<td>Teacher practice</td>
<td>Positive effects</td>
<td>321 teachers</td>
<td>TIER 3 PROMISING</td>
<td>The research provides promising evidence that CW-FIT improved teacher practice related to improving student behavior. This assessment is based on five studies that meet WWC standards and include teachers in prekindergarten through grade 7.</td>
</tr>
</tbody>
</table>

- An appendix provides additional information about the 6 SCD studies that *contribute* to the findings, as well as the 6 SCD studies that *did not contribute* to findings, including:
  - Study and sample characteristics
  - Authors’ characterization of findings without a D-CES
Key takeaways

• SCDs can be used with small sample sizes and do not require withholding the intervention from a comparison group.

• SCDs can demonstrate causal effects, if researchers:
  – Control the introduction and withdrawal of the intervention
  – Use repeated measures to monitor outcomes in the presence and absence of the intervention

• The WWC provides:
  – Standards to evaluate rigor of SCDs
  – Guidelines for synthesizing SCD findings with findings from group design studies

• WWC intervention reports draw on SCD results to complete the picture of an intervention’s effects.
Resources

- *Good Behavior Game Intervention Report*
- *CW-FIT Intervention Report*

WWC resources used for the *Good Behavior Game* and *CW-FIT* intervention reviews:
- WWC Version 4.1 Standards Handbook
- WWC Version 4.1 Procedures Handbook
- WWC Study Review Protocol, Version 4.1

WWC Version 5.0 resources are now available:
- WWC Version 5 Procedures and Standards Handbook
- Version 5.0 Group Design online training
- Version 5.0 SCD online training
Thank you for your interest in this webinar!

• If you have any questions about the WWC, intervention reports, or any other WWC products, you can contact the WWC Help Desk (https://ies.ed.gov/ncee/wwc/help) or email Contact.WWC@ed.gov.